
A Message For The Ages

*Guidelines For Spiritual Unfoldment Through The Infinite Way
The Consciousness Of The Individual Determines The Outer Activity*

If a person has a healing consciousness, work will come to him, not only from his local community, but from all over the world. There is good reason for that. Since there is only one Consciousness, if a person has a healing consciousness, it will draw Unto itself from the uttermost parts of the earth. If it is not a healing consciousness, those seeking healing will pass him by.

Impersonalization Essential To Illumination

I have many patients with whom I have been working for as long as twelve years who do not catch this principle and do not get their healing. They are holding a wall up that insists that this is a person, either the "me" of themselves or of the other person. In such a situation the practitioner may not be able to break through.

What is not generally understood is that the healing agency is the illumined consciousness of an individual, and the difference in the measure of healing lies not in God, but in the degree of illumination of the individual.

Impersonalizing Good And Evil

Because of the world mesmerism which came about with the belief in two powers, it becomes the responsibility of truth-teachings to reveal to the world that the evils of this world are not personal, that they stem from the impersonal source of good and evil and are ameliorated in proportion as they are recognized to be impersonal. No longer will we pin evil upon a person and then try to get rid of it. Instead, immediately we begin to dissolve it by looking at the person with this realization: "This is no part of you. This is the impersonal hypnotism that personalizes evil." The greatest healing influence in all the world is: "Be still, and know that I am God." That is how close God is to us—I, our Self. We should be able to rest and relax because *I* in the midst of us is God.

[The principle of One Power] is completely covered and thoroughly explained in *The Infinite Way Letters of 1955*, chapter three, which should constitute a daily text for our study. There is also a chapter in *Man Was Not Born To Cry* covering this, and the April and May letters of 1964 (*Realization of Oneness*) devoted entirely to the healing ministry of the Infinite Way, setting forth specific principles that must enter into every treatment we give. But there must be the consciousness of what is contained in this material, and all the *1964 Letters* pound away and hammer at the specific principles so that we may develop the consciousness of the message.

Crucifying Our Do-gooding Sense

All the time a person is reminding us that the lump is getting bigger, the pain is getting stronger, or the blindness is getting worse, we are crucifying the personal sense of self inside that wants to be helpful. We refuse to give way to the temptation to turn stones into bread. Instead, we are going to be still and know that *I* in the: midst of us is God. *I* in the midst of us is mighty. *I* in the midst of us is the secret of the spiritual kingdom of harmony, peace, joy, and glory, and we are seeking His rightness, not the patient's rightness nor his health. Then when that touch of the Spirit comes, we are still. Sometimes It smiles inside of us, "Foolish child, trying to be a miracle worker!" Then we get at peace, and the patient says, "Oh, a miracle has happened." Ah, but the miracle was not the healing: the miracle was that you or I experienced God.

Gratitude should always be that we have witnessed the kingdom of God on earth as it is in heaven, not just for a healing, for justice, or for abundance.

Christhood, Not Human Good

As you look out at the world, do not declare that it is all illusion, but rather that the erroneous concept of it that you are entertaining is the illusion. Any erroneous picture that you are entertaining is the illusion, and therefore the illusion exists in your mental misperception, not in the external world. If you grasp the point that an illusion cannot be externalized, that it can never exist externally, then you will understand the Infinite Way and its healing principle.

When you are called upon for help, do not hesitate to sit down and hold up the word *is* in front of you: *is, is, is*. It is as if you were to think, "There is something here, but I do not know what it is or who it is. It claims to be a person and a condition, but I know nothing about those things. I do not know how to pray. I do not know how to meditate. I must let the Spirit bear witness with my spirit. I must let the Spirit make intercession for me. So I do not know who this is, what this is, or why this is. I only know that before me there is an *is*. There is something; there is somebody. Now, Father, take over and enlighten me." . . . As you watch this, you will observe that the human mind is not necessary in spiritual healing work or in spiritual living, but that there is a divine truth which comes through to do the work.

The Law Of God Is Forever In Operation

One of the reasons for the lack of healing is the belief that God is going to do something to the error. So you are waiting for something that cannot happen; you are waiting for a God-power to do something. . . . You cannot bring God into action. It is not your prayers that bring God-power: the God-power is omnipresent, and your prayer is but the connecting link. It is like turning on your radio. Simply turning it on does not create any program. By turning it on you merely tune in to the program already in progress. So it is that anyone waiting for God to do something is wasting his time. God is not going to do anything a minute from now. Whatever God is going to do, God is doing, and God has been doing since the beginning of time.

Recognize Every Claim As A Lie About The Truth

A most important point to remember is that you do not get rid of hypnotism any more than you get rid of rheumatism. You do not overcome hypnotism; you do not struggle with it; you do not look for a God-power to do something to it. You merely recognize that the substance or the fabric of this world is hypnotism and then drop it. . . . If then a claim of any nature is presented to you and you recognize, "That is neither person, place, nor thing. That is a state of hypnotism," that's all you have to do. You are not fooled by it. You recognize it as a lie, and it has lost its power. Because there is only one consciousness, the one who has come to you for help has united himself with you and wakes up and recognizes that it was a lie. . . . When you reach a state of consciousness that does not become frightened at the words, atomic bomb, cancer, tuberculosis, polio, mongoloid babies, paralysis, blindness, deafness, and can say, "Oh, that's a lie," then you are in the healing consciousness.

The healing principle of the Infinite Way is that God is consciousness, universal infinite consciousness, appearing, formed, and expressed as individual man and the universe. This is a spiritual universe, and since every appearance of error is the product of hypnotism—a hypnotism caused by a belief in two powers—there is no such thing as cancer, consumption, poverty, unemployment, an erroneous person, or a sinner. In the proportion that you see such things, you are hypnotized; you are seeing forms of hypnotism. Only when you are dehypnotized will you see a person as he is. Only then will you see God as God is, and God's universe as it is.

[The Infinite Way practitioner] does not overcome, destroy, or get rid of evil. He drops it. That is the secret of Infinite Way. That is the secret of Infinite Way healing work. That is why my work as a Christian Science practitioner flourished for sixteen years and why later in the seventeen years of more of the Infinite Way it continues to flourish and has become known and established throughout the world.

A Parenthesis In Eternity

The Basis Of Mysticism

The Nature Of Spiritual Power

Did Jesus make any conscious attempt to heal the woman who broke through the throng and touched the hem of his robe? . . . He could not have brought forth that healing because he did not know she was there. . . He was merely abiding in the consciousness that the Father within was doing the work, and letting the Father have His way and His will, not trying to channel it, or to make any attempt to use spiritual power.

If we fill ourselves with the conviction of the omnipresence of God, the very atmosphere around us is charged with spiritual power, and those who walk into that place feel its healing influence.

When we are in prayer and feel that stirring which means that God is on the field, a healing or an improvement takes place because nothing can ever stand in the way of that *I*—nothing.

Wherever there is this recognition of the presence and the spirit of God, the power of God is flowing, maintaining our mental, moral, financial, and physical freedom, and then whenever a need appears, we create what seems like a vacuum within us, a listening attitude, and in that second, the right word comes to us, the word of God which is quick and sharp and powerful, and which does the work of healing, reforming, and sustaining.

Awakening Mystical Consciousness

Concept Or Is?

Do Not Try To Become Free Of Persons Or Conditions

Healing is all based on not judging by appearances.

Maintaining The Spiritual Heights Of Consciousness

To God there can be no such thing as a healing.

You are seeing your *concept* of a spiritual idea. When you understand that, you will begin to heal, and the healings will come quickly.

The Dearth Of Spiritual Healing

Dedicated religious leaders. . . are not doing more spiritual healing work because. . . power is still being given to sin, disease, death, lack, and limitation.

Spiritual healing is a realization of what is.

To do spiritual healing, you have to have the inner discernment that sees *I* as the life of individual being.

The Word, Not Words, Brings Forth Spiritual Fruitage

Healing does not come until you have been lifted out of the belief that the problem has power.

It is impossible to develop a formula for healing because healing is not the fruitage of words, but comes when *the* Word is heard.

Perhaps. . . the most important point in all healing practice: . . . put your real faith and confidence in your ability to sit quietly and listen.

Beyond Words And Thoughts

Beyond The Pairs Of Opposites To Being

Both Goodness And Badness Must Give Way To Being

Once you come to the realization of God as your life, then and only then can you realize that both the goodness and the badness of your human life have to be overcome in order that you can ultimately say, “Why callest thou me good? There is none good but one, that is, God.” That is the good that is flowing; that is the good that is healing; that is the good that is enriching; that is the good that is forgiving—not you, not I, but that which flows from the Father as the son.

The good that is healing. . . enriching. . . forgiving [is] not you, but that which flows from the Father to the son.

Incorporeal God Can Create Only Incorporeal Man

Do you see why metaphysicians have difficulty in doing healing work? Although they recognize the incorporeality of God, they do not recognize the incorporeality of man, and consequently they deal with a structural man who has bones, a brain, liver, heart, and lungs. Consciously or unconsciously, then, when they give a treatment, they are hoping to bring down the fever, remove the lump, or set the bone, and thereby they are blocking the entire treatment. They are setting up a barrier between God and man because incorporeal God cannot give birth to a corporeal man, only to incorporeal man.

The metaphysician who has not succeeded in the spiritual ministry, either in healing persons, demonstrating supply, or bringing forth other kinds of fruitage, has failed because he has had an incorporeal God called Spirit, and he was trying to make It manifest corporeally. And there is no corporeal creation! It is we who entertain a *corporeal sense* of an incorporeal creation!

When you are in this ministry, healing is not too difficult because you do not have bones to set, fevers to reduce, digestive systems to change, false appetites to get rid of, or sins to overcome, and you do not have to go around preaching to people not to smoke or drink. None of this is part of your ministry. You are dealing with an incorporeal God manifest as an incorporeal man, and you are living, moving, and having your being in the consciousness of this. . . Let your student or your patient present any pictures he wants to present to you, but be careful that you have the spiritual capacity not to want to change them, the spiritual faculty of discernment, the soul-faculty.

You will never do good spiritual healing work until you attain the inner awareness of the incorporeal nature of man's being. The only image there is of God is man: God appears *as* man; but since God is incorporeal, man is incorporeal. The fact that man has a corporeal body does not make him corporeal. The fact that he travels in an airplane does not make him an airplane.

The Importance Of The Experience

Sometimes the healing is instantaneous; sometimes it takes place after the second or third realization; and sometimes you may have to work with a person for a year or two or three. This has to do with his receptivity, his ability to yield, and also with the heights that you attain.

When in your healing work, you can sit down with the mind at rest and not battle the appearance, not fight it, not try to remove germs from someone's body, not try to dissolve lumps and reduce fevers, not try to heal insanity, but rest in that inner peace and quiet and assurance that there is only one law, spiritual law, and that all else is an image in the mind, the experience of God can take over, and then the healing takes place.

When you function under Grace, you may be called to those who have swallowed poison or to those who have been seriously injured, and by your realization of nonpower, you can bring them through it and lift them above whatever law they may have come under. . . Every healing that you have witnessed has been a proof of Grace because the law involved has been overcome. . . It is not that your developed consciousness of truth is a power over the law: it is a proof that the law is not a power in the presence of your consciousness of Grace.

Crucifying Personal Sense

All our study, all our knowing of the truth, all our healing ministry must eventually lead to the period of Sabbath or Grace, which is the full and complete surrender of self, to the end that God may live on earth as He is living in heaven.

In healing work as understood in The Infinite Way, we are unseeing and unknowing the corporeal or physical sense of man: well or sick, rich or poor, good or bad. We are not unseeing or unknowing a corporeal man or a physical man for there is none, but we are unknowing and unseeing the corporeal or physical *sense* of man. The corporeal sense is the tempter. The healing truth is our consciousness of incorporeal man and the universe.

The Study And Practice Of Principles Lift Consciousness

It is our function never to want to give help, never to want to be in the healing ministry, never to want to do anything but perfect ourselves, study, meditate, and let our consciousness become so filled with the activity of the Christ that in a certain moment It breaks out and then, somebody comes and asks for help, and that starts us on our way.

Conscious Union With God

Opening Consciousness To Truth

Resist Not Evil

"Resist not evil" is the acme of spiritual healing. It allows you to face any situation with a disdainful, "So what?"

If God Is Mind Or Consciousness Is His Activity Mental

Nothing that the human mind can know is perfect, thus spiritual healing not a mental process.

An Illumined Treatment Never Stops

In healing a treatment with a “click” operates in your consciousness until the error is broken.

Spiritual healing is an activity of consciousness not of the intellect.

States And Stages Of Consciousness

Mental healing vs. spiritual healing Object: to set student free in his own Christhood.

Consciousness In Transition

Argument Or Treatment

As long as that person or his problem keeps coming to my attention, I have to meet it in some way. Now, I can meet it in the absolute, if I am in that high state of consciousness, by realizing the One. Or, if it doesn't satisfy me that something has been done, I may have to close the door of my office and not see the next patient, sit there alone and go into meditation. I may have to sit there alone and go into meditation. I may have to reach the center of my being and call, "Father, reveal thyself! Let me feel the reality of being!" Nothing about that patient or his claim—my mind is stayed on God. I continue in that meditation or in that silence or in pondering God, until the answer comes, until something within me responds and says, "It is done!"—not necessarily in words, but I have the feeling that it is done, or a sense of healing, or a sense of such complete freedom from the person and the problem that even if he called ten minutes later and said, "I am worried," I would pay no attention to it. I have already had my answer. It may take him ten minutes or ten hours before he realizes his healing, but I am done with him. The moment this problem has released itself within me and I am free, the healing has taken place. The person doesn't always realize it as quickly

I have never been lost on the desert or stranded at sea, but I think that the first time you try to bring out a healing without thinking is worse than either of those two experiences.

Spiritual consciousness is one which does not accept any belief in thought of any error existing as a presence or as a power. It looks at any presence or form or phase of error as if it were just looking at a moving picture, say, of a man being shot, knowing right well that as soon as the picture is over, the man is going to pick himself up and dust himself off and get ready to play another part...In maintaining that same attitude toward what we see of human experience, that same attitude in which we do not criticize or judge or condemn the underdog or the sinning or sick person, and in which we do not give praise to those we think are doing good, we will have begun to see real spiritual healing.

Spiritual healing is accomplished only when there is no resistance in the healer's thought to the condition or the person. "Agree with thine adversary whilst thou art on the way with him."...Remember that the error isn't a thing and it isn't a condition and it isn't a person, so in setting up that resistance, you are almost creating the thing you are resisting.

You've got to learn to be quick to realize that it is only an appearance and you don't do anything to that non-existent white poodle or the man who isn't in the boat! The more quickly you learn to treat every problem that comes at you in that way, the better healing work you will do.

You see now that in this meditation you will receive ideas of truth, ideas which exteriorize themselves in what we call tangible form, as bread on the table or as healing or as truth that dispels error. It even reveals to you the nature of error; it will make it appear as illusion, so that you won't even have to think of it in that light, it will come through in its own way. So meditation is for us one of the most important things to develop. Only don't try to press; don't try to exert mental effort. It's not by might nor by power. It's by the gentle spirit.

Regardless of the name or nature of your particular problem, stop battling error so far as you can, try not to fight it too hard. See if you can't take the attitude, "the battle is not yours." Then be still and see the salvation of the Lord. You need not battle. All you have to do is make the acknowledgment that all that is appearing is for the glory of God. See if you can't take this healing work easy: Try to take it as if you really believe that evil isn't a great power.

Resist not evil! Why? It is not real and if you resist it, you make it real. What a battle you have then! Resist not evil! In the face of any erroneous picture, in the face of any discord, instead of denying it, instead of saying it isn't happening (how foolish, for it is happening out in that picture) let's not argue, let's not fight it, let's not resist it at all, but just sit back and say, "I wonder how real you could be?" Resist not evil is the acme of spiritual healing. It enables you to face any situation in the world and almost say, "So what?"

The Christ, the infinite invisible, is the only healing agency there is in the world, if you want to call it that. It dispels the illusions of sense—that's all.

Today psychosomatic medicine is trying to copy [metaphysical healing.] They are seventy years behind the times because they are now where Christian Science was in 1866, believing there is a mental cause for a physical disease. They are back in the days of Rawson— and Mrs. Eddy's early days—all of these outmoded forms of metaphysics that still believe there is a mental cause for a physical disease. Why, there isn't any disease. You can't have God and a disease, too. There is only one power and that is God. All the rest of it is belief or illusion, whether you call a disease something contracted by infection or by contagion.

You see, in spiritual healing there is no mental action, there is no conscious thought-taking, there is no conscious affirming or denying. There is more of the sense that inasmuch as the reality of this [appearance] is of and in God, I am going to let God interpret it to me.

When we get a state of receptivity so that when any case comes this ear is open and the impartation comes like a flash, telling you how to work or what to work or what truth to reveal, then you can call it God—healing.

Spiritual healing is an activity of consciousness, not of the intellect. It is the perception, spiritually, of that which appears to sight, materially.

Everything that is out here is God and spirit—everything in nature, everything in this universe. Everything is formed of the indestructible and indivisible substance or spirit that we call God. You say, "Why, then, do we see rotting trees or volcanoes?" That is not of the essence of God. That represents our concept of that which actually is here. This is important, because on this point we make or lose our healing consciousness.

Remember, it is far better to say nothing to your patients except, "Leave this with me" or "I will help you" or "I will be with you" or "Call me again in the morning"—far better to give them no truth, merely your assurance that you, with your understanding, are on the job for them. Then, your consciousness is imbued with the spirit of truth, not merely the letter of truth but the spirit of truth, and healing will take place. Then you can explain to your patient what the truth is; then you can give them statements of truth which you have proven, which you have demonstrated.

Mrs. Eddy was Dr. Quimby's best known student. She traveled for three years, lecturing for Dr. Quimby on the Christ or Christian Science... Now, let us not deceive ourselves. It was a mental practice. It was so mental that when she was out in the healing work she very often had to send a letter to Quimby to "please rescue her, she had taken on the disease of the patient she was healing." Those early letters will show that it was a mental practice even though they were using such terms as "the Christ." It was one mind over another mind, or mind over matter, or one mind understanding that disease was not a power. It was primarily suggestion, the transfer of the thoughts of one mind to another.

We have one of the greatest quotations in all the world on that subject [of healing]: "Not by might, nor by power, but by my spirit." There is no better way to heal than that, a way that will leave your patient freer to function as the normal presentation of God, without undue influence of humans. "Not by might, nor by power, but by my spirit." By my spirit, the spirit of God, that mind which was also in Christ—the mind of you and the mind of me.

I was doing healing work and was in the practice two years before I knew anything about Christian Science treatment. And then I learned about it and learned there are things in it that are necessary to know, and those things are known in all of the metaphysical movements. It so happens that I owe my debt to the Christian Science movement because I learned treatment work there.

Unless we perceive the unreal nature of what is appearing to us as error, as sin, as disease, lack, war, etc. we cannot handle it scientifically and thus reverse the picture. We may fall into blind faith healing, which is neither good nor permanent.

Now error is not a person. Error is never a person. And to immediately work on an evil person is to get yourself so mixed up in it that you'll have a hard time ever bringing out a healing. In the same way, error is never a diseased person, either. It appears that way, but it isn't that, and if you work on the disease of the person, ultimately you are going to find your healing work isn't really good. It isn't instantaneous, it isn't even quick. It isn't satisfactory.

Consciousness Is What I Am

Christ As The Consciousness Of Mankind

Every Person Brings Upon Himself The Penalty Of His Own Thoughts

Healing dependent on patient's willingness to be free of the sin/error causing problem.

It used to puzzle me years ago when I would witness beautiful healings of so-called mental cases. The shocking thing was that those healed never said a word of thanks. . . Then I realized that they never knew that they had been mentally disturbed at all. They knew themselves only as they were after being healed.

Why has not everyone who followed the metaphysical movements done outstanding healing and teaching work? The answer is that it is not possible except in proportion as a person attains that higher Consciousness. We must admit that a great many students of metaphysics have not even tried to attain It. As long as they could demonstrate good health, good supply, or good relationships, they were satisfied for the few to become practitioners or teachers.

All healing is instantaneous: there is no such thing as delayed or gradual healing, but the outward manifestation does not always appear in the same second as the healing. . . The visible evidence is the effect of the healing, not the healing: the healing is invisible, but the visible evidence is the externalized or manifested effect.

God is infinite consciousness, and therefore, our consciousness appears as form infinitely: our business is infinite; our profession is infinite; and if we are in the healing work, our practice is infinite. If we are spiritual teachers, our student body is infinite. There is no limitation whatsoever unless we ourselves accept limitation.

The evidence of healing is an effect in time, but the healing is instantaneous.

We are forever lifted above any sense of competition at any level, whether is business, art, science, or in the healing or spiritual teaching ministry [when we realize that] we do not have customers; we do not have patients; we do not have students: we have our consciousness, and our consciousness externalizes as whatever form is necessary to us. No one can take what is ours away from us.

Instructing The Mind On Supply And Health

We can go on being sick every year, have a healing, and then get sick again and have another healing. This is not necessary. What we must do is to attain the consciousness of one Power, the power of *I AM*. It is not a Power that acts upon us: it is a Power that acts through us and as us.

You must learn not to treat anything as a condition, but to treat it as an appearance, whether it is unemployment, insanity, cancer, or consumption. Then let the appearance hit up against a mind that is imbued with truth, and you will begin to do healing work even before you are reborn, but your rebirth will then come more quickly.

The Impersonal Nature Of Error

After your meditation on the allness of God is completed, you may still be faced with whatever the seeming problem is. So you come to the most important principle of healing work. Error is not personal; therefore, it has nothing to do with you, with your patient, or with your student.

In every case that comes to you for healing, your first step is the realization of God as constituting all being. Work with that idea until you have an inner assurance that God is. Then impersonalize the evil—the error or the appearance—whatever its name or nature, by consciously knowing that it is no part of a person and that all evil is impersonal. It must be seen that evil is not in, of, or through person; it is not appearing as person; it is something separate and apart from person.

There is no mental effort in spiritual healing. . . The effort comes in developing consciousness to the point where there is the actual experience that God is life and that your patient has no life other than God, no other mind, no other Soul, no other being. Then must come the realization that the appearance which the patient has brought to the practitioner is but a shadow, an image in mind.

You are not a healer of the body; you cannot remove disease. It is a change of consciousness which produces the outer effect of healing.

Realize God As Individual Being

Miracles happen when "I" does not enter in. When somebody calls on us for help and we can realize that there is no such person, that there is no such "I," the healing has already begun. . . The only *I* is God, and It does not need healing, teaching, or enriching.

As far as I am concerned, it is not possible to know [how healing is brought about] because when healing takes place, something happens within that brings an assurance to the person giving the help that all is well.

Consciousness Transformed

Above Karmic Law: Principles To Live By

When I had been in the healing practice for about five years, I was taken very ill and the practitioner who was taking care of me reached the conclusion that I was not being reached and would probably pass on that night. In the middle of the night, my mother. . . came to my bedside. . . "to make the way across an easy one." . . Suddenly I said, "No, Mom, I am not going. . . I must stay here and find a reason and a purpose for living." The following morning I awakened so much better that I was able to go to my office.

As rapidly as possible, stop rejoicing in your healings, or in your supplying, or in your happiness, and rejoice in the source of them. Rejoice that Christ now lives your life.

I know it was a very important tape (1960 Denver Closed Class: Advanced Spiritual Healing Class: *Protective Work*.)

You will notice in healing work that regardless of all the truths you may know, you are not going to do any healing work unless you can come to a point where you can stop voicing truth and start to listen for truth. . . Yes when it comes to the healing work, Joel has to be quiet and let it have its way. Then this Christhood, which is “closer than breathing,” does the same work that the Christ did two thousand years ago.

[Jesus] was so little known that the great historian of his day [Josephus] made just two statements about him: “We hear there is a Hebrew rabbi who is preaching and healing, and he is influencing many. We have just heard he was crucified.”

No practitioner can ever guarantee the measure of your healing or how long it will take, because it depends on your receptivity.

Some of you may have difficulty in making a transition in consciousness where you stop affirming truth and denying error, and reach that place in consciousness where you can relax and remember, “*I am closer to you than breathing, nearer than hands and feet*,” “Be not afraid, it is *I*.” Every student has great experiences of healing and regeneration in proportion as he or she can relax in that statement. . . Do not fight because when you are fighting, you are fighting your imagination. You are fighting illusions, instead of relaxing and resting.

Are you your brother’s keeper? No, except to the extent that you are the keeper of the truth about your brother and your neighbor. . . Spiritually you must hold no one in bondage to humanhood. You must maintain the consciousness of everyone as being God-consciousness individually expressing itself. In the healing work this is very important, because there is a temptation to believe that the patient or the patient’s family is interfering with his spiritual progress. This is not true. This again in judging by the five physical senses in which you have “made a human being,” . . . No, you have not. You have accepted the false sense of sense testimony, for it is a universal relationship that “I and my Father are one” and that *one* is God.

Spiritual healing is a wonderful subject if you can rise above the desire to heal someone, if you can rise above pity for an individual’s diseases and pains, if you can rise above the desire to get someone out of his distresses.

For the most part—perhaps eighty to ninety percent— the nature of the healing is dependent on the consciousness of the practitioner.

When spiritual light touches you, you will know it because of those who will be drawn to you for spiritual guidance, spiritual instruction, spiritual counseling, spiritual comforting, spiritual healing. Until this takes place it would be folly to do other than continue your daily studying, practicing, and meditating until the opening of consciousness takes place.

A little now about our trip. In Portland, Seattle, and Daisy Shigemura of Hawaii, Mrs. Eileen Bowden of Canada, Miss Lorene McClintock of New York, Mrs. Virginia Stephenson of California, and Miss Lorraine Sinkler of Chicago will be conducting Infinite Way teacher classes on meditation, spiritual healing, and means of studying the monthly Letter.

The Contemplative Life is what is providing us with the working tools for our healing work, for our instruction work, and for the development of consciousness.

I spent the year 1959 traveling the world, giving classes everywhere on the specific healing principles of this message. In 1960, 1961, and 1962 I was given a specific subject each year, so that the students might eventually be prepared for the higher works. At the beginning of 1963. . . I received inner instructions to cancel [January through May classes] in order to prepare the students for that which was to come.

Even those of you who have done a small amount of healing work have discovered that it does not help in the work for you to sympathize. As a matter of fact, any sense of human emotion you have about the patient or about the claim is a barrier to the healing work. The healing consciousness is the one that is purged of the belief in the reality of all appearances.

Truth can only plant seeds within our consciousness, the seeds of truth and love and life, and these seeds produce the “added things”—the peace on earth, the healings, and the supplies.

Always remember this point: You are not to intrude in the private life of anyone without that person’s permission. However, you are under a spiritual obligation to make the correction within yourself and, if they are receptive, they may experience a healing and very often do. . . You are your brother’s keeper by keeping his image and likeness straight in your consciousness. . . You must maintain the truth about him and his divine origin, divine identity, and government by divine law in your consciousness.

Once we learn that the origin of all evil is impersonal, we begin to separate it from this world, and we begin to witness healings on a real basis.

Perhaps four or five years after the beginning of my healing ministry, I learned that every metaphysical healing teaching in the world is based on a misconception, the misconception that the source of whatever evil is affecting you is within yourself and that you are responsible for the errors in your experience. . . One of the major secrets of healing work was given me then, and that was *impersonalization*. It was shown me how all error of any nature has its origin in the carnal mind or mortal mind.

No Infinite Way student should enter the healing or teaching ministry until demonstration proves the rightness of it.

When I am in meditation and giving help to someone, I am always beholding the Christ in that individual. This is the only way in which spiritual healing can take place because it is the *modus operandi* of spiritual healing.

Consciousness Unfolding

Freedom In Christ

Meditation As Consciousness Unfolding

I was in this work less than two years when I discovered that the only results I had came through meditation. . . becoming receptive, and listening. Then, with a sudden rush, this feeling, this sense of the Presence would come, and the healings would take place. Or it would give me enlightenment.

Learn The Inner Meaning Of Words

All healing is in the world of belief. . . God knows nothing about it, because in the entire kingdom of God there never was a sin, a disease, or a death.

If you find yourself struggling with these errors, trying to improve or change them, you will not bring about healing. Go to that world God as quickly as you can. Then, if you like, jump from God to one of the synonyms [Love, Intelligence, Life, Law], and in that way work out from God.

Be Grateful For The Principle

Even the copyrights on our Infinite Way books are only for the particular words used in presenting this principle. . . Nobody can copyright or patent the idea of spiritual healing, or the idea of multiplying loaves and fishes.

You do not have the principle until you can bring it forth as healing.

Lifting Of Consciousness

What is the whole secret of the healing work? Is it that we have a power over error? Or is it that disease is not a power?

Peace

More healings have been brought about through absolute silence than through all the arguments metaphysicians have thought up in the whole history of the world.

There is one thing that you must practice and achieve and that is a state of peace within your own consciousness, coupled with the realization that it is your own consciousness which is the healing Christ.

Qualifications Of Lay Person Seeking Benefit Of Treatment

It is not our function to judge whether those who call upon us for help want loaves and fishes—healing for healing’s sake. Our function is to wipe out the human picture and say, “There is nothing there but God.”

It was in 1932 that I caught the vision that God is the only creative principle and that all these other ideas about wrong thinking and sin, had nothing to do with healing or supply. But it was not until 1946 that I published a book or went out to teach this truth.

Sometimes when I am called upon for healing work, I cannot get the sense of oneness for some reason or other, and I must sit for as much as an hour, or two, or three, before achieving that sense of conscious oneness.

What is the whole secret of spiritual healing? It is that we are infinite, individual, spiritual being.

When you ask a practitioner for a healing, you know that he is not giving you anything of himself. He merely rests in his understanding or state of spiritual consciousness, which then appears as healing of the body or of the mind.

The Birth Of The Christ

I am convinced that Jesus was a member of the Essenes, an organization which knew the secret of . . . spiritual healing. The Essenes walked on the water, walked through walls, multiplied the loaves.

God Formed Us For His Glory

The Nature of the Messiah

Release the Past

I have never found a student who understood how healing is done. I don't understand it yet myself. But then with the students who did not feel they knew, the healing works began, and they would eagerly ask, "How does it happen? I really don't know. We don't have to know. One of these days it will be revealed to them that they are not healing anything, but that God, the very activity of the Christ, is revealing to them the spiritual sonship of somebody who looks like a human being, but who is in truth the Christ.

God, The Substance Of All Form

Fulfillment Of Consciousness

Behold The Spiritual Universe

In your work, do not think of the things you are trying to heal. Think of what God *is* and of what God appears *as*—God appearing, not as outlined form, but as infinity, eternity, immortality, harmony, joy, abundance. Then you will have healings.

You will not succeed while you are trying to make sick bodies well. Success in healing work is attained when you are able to turn away from the outer picture entirely, recognizing that it is illusion, and turn within, realizing omnipresent, omnipotent God, and discerning the reality of God’s creation.

Conscious Oneness

The others who did not receive a healing were probably sitting back saying, “I wish you could do it, but I wonder if you can.” . . . It is not that the person or patient or student is necessarily making himself at-one with the personal consciousness of the practitioner, but rather he is making himself at-one with truth.

Your realization that the activity of your consciousness appears in all forms of good, makes the activity of your consciousness appear as the health and the harmony of your patient. That is what makes metaphysical healing possible.

The Leavening Influence Of Truth

The purpose of your study is so to lift consciousness that this sense of Omnipresence is attained. When that is attained, healing work is done with a smile, not with strenuous thought-taking. Supply, wholeness, completeness –everything comes with just a smile. It is a peculiar little smile, but it is God, and it knows the nothingness of that which appears as a human being.

God Is The Only Being

A student who was healing someone with a physical claim suddenly had the realization, “*I am* the only one, *I am* all there is. There is only one *I*, and therefore, if this claim is not true of the *I* that I am, then it cannot be true of anyone else.”

When someone turns to you for help, there must be no sense of a patient coming to a practitioner, and a practitioner in some way contacting God so that the patient in turn will be healed. . . There is only God; and spiritual healing can only come with that realization.

The Healing Consciousness

Consciousness must be a transparency for God, and a transparency for God is universal, impersonal, and impartial. . . Inasmuch as God operates only as the consciousness of love, wherever the opposite qualities are entertained, there is no healing consciousness.

Living Between Two Worlds

Opening The Door To Infinity

A Complete Surrender Of All Human Traits And Human Solutions Is Necessary

Spiritual healing is a beautiful activity if we can rise above the desire to heal someone, if we can rise above pity for a person's diseases and pains, or if we can rise above trying to lift someone out of his distress.

The Subliminal Activity Of The Universal Mind

The moment we realize that from a human standpoint we are antennas for the universal human mind and then assume dominion by understanding that all these so-called laws that operate as law are not law, we begin to nullify them in our experience. Much healing work is accomplished just by nullifying the action of the carnal mind, by knowing its nothingness, not fighting it.

One World

The only barrier to better healing work is that very limitation or conditioning which still operates in our consciousness to make us believe that our patient has a physical body that has to have its fever reduced, its lump removed, or a conditioned changed.

The only reason we can bring forth a healing is that the only ones who come to us are the sons of God. The healing consists in recognizing that.

Living By Grace

Freedom In God
World Work

In the first years of my practice, I discovered that treatments do not heal and that without treatment far better healing work resulted. One day I was talking to a woman in my office when a telephone call came from a patient suffering from excruciating pains in her head. The woman in my office, having heard the urgency of the patient on the phone, said to me, "I will leave you to take care of your patient." As I was escorting her to the door, the patient called again to tell me that the pain had gone instantaneously. I had not yet even started her treatment!

Each Revelation Is A Specific Principle

Each class brings forth some specific principle that leads us still another step toward our spiritual goal when we embody the principle in our consciousness. Very briefly, in 1956 karmic law was revealed and the Sermon on the Mount. In 1959 the letter of Truth as applied to spiritual healing was revealed: impersonalization and nothingization. In 1960 or 1961 the raising of the Christ in you was revealed. Step by step, these revelations were given to me. Then through classes and writings, I have given them to you.

Consciousness of Truth

Healing work is a matter of a state of consciousness. It is not a question of knowledge... I have had students go through a dozen classes with me, and they cannot heal. On the other hand, I have had some students go through only one class and do fine healing work. But those students had already developed a consciousness and were prepared for it.

I do not have to tell you that many people cannot, even if they would, release themselves from the desire of person, place, or thing. You would have to see my mail for a few days to realize how many people are trying to either get a companion or get rid of one! You would be surprised how many people, even after reading The Infinite Way writings for years, still write to me for a healing of a physical claim. In other words, they are still approaching God from a physical standpoint, expecting God to do something on a physical level. We must stop thinking in terms of demonstration on the physical level and come into the consciousness of the Presence of God and demonstrate God's presence. When you come into the presence of God, I can assure you that you will never find lack, limitation, injustice, sin, disease, or death, because none of these things exist in the Presence of God.

If [patients] do not turn to the Spirit and begin to unfold in spiritual development, they have no cause for complaint if healing does not take place. However, in our work we never sit in judgment as to whether or not a person deserves a healing. We never say, "It is your fault."

The degree of harmony that comes into your experience is proportionate to the degree of your own spiritual development. No one can bring about for you a demonstration greater than your own attained state of consciousness. They may do so temporarily by bringing about a healing or an opening of supply for you because they are lifting you above your attained state of consciousness. But unless you attain a higher state of consciousness of your own, you may go back to the consciousness that produced the discord in the first place and may even find that you have made room for many more discords than you had before.

There must, of course, be an orderly procedure of study. I recommend that students start with the introduction to my book *Living the Infinite Way*, spending several days on it and then going on into the book. Then I recommend spending two or three days studying the introduction to my book *Practicing the Presence* (New York: Harper Bros., 1958), then go on into the book... Then I recommend the student to *The Art of Meditation* (New York: Harper Bros., 1956) and *The Art of Spiritual Healing*. From there on, any of The Infinite Way books are in any order. However. I always point out that the books *The Infinite Way Letters* of 1954, 1955, 1956, 1957, 1958, and 1959; and *Our Spiritual Resources* (New York: Harper & Row, 1960); and *The Contemplative Life* (New York: Citadel, 1976) contain in every chapter certain principles and their application. You can always go to these books and find a working tool... I do not know at what point students will be ready for *The Thunder of Silence* (New York Harper & Row, 1961) and *Parenthesis in Eternity*, (New York: Harper & Row, 1963), because these two books are a hundred years ahead of their time.

We do not need words or thoughts in living or in healing work. The fewer words and thoughts we use in dealing with our patients the better, because very often words antagonize and interfere with the healing.

When your mind was not on the specific healing, the healing took place. I had many such experiences in my early years. Just studying and reading, I found problems falling away from me without any specific treatment. Why? Because I was not seeking a healing; I was seeking Truth in those books, and the healings came of their own accord.

I have found that if I have students three to five years, even six years, and if I have them enough days a week and enough hours in the day, they finally develop spiritual vision. I have never yet succeeded with any student in less time than that. True, some students became practitioners in twenty-four hours, but that was not through me. It was through their own inner development. The minute they turned to God, their souls opened and they evolved and began healing at once.

The Fruitage of God-Realization

Christ is not a man; Christ is the Spirit of God in you. You need take no thought for your life or for what you shall eat or drink or wherewithal you shall be clothed. You need only to turn within, and when you hear the words: "I will never leave thee nor forsake thee," or when you have the feeling of "My peace I give unto thee," your healing has been accomplished your sins have been forgiven.

We our own selves can do nothing. We can only become the instruments through which the Spirit of God moves upon the face of the globe. We become instruments through which the Spirit of God reaches the ankles of the crippled man, the eyes of the blind, the ears of the deaf. We become the instruments through which God utters His Voice and the Spirit of God performs the healing and the redemption. We ourselves are not healers. No man or woman on earth can heal. Even Peter and John acknowledged this when they said: *Ye men of Israel, why marvel ye at this? or why look ye so earnestly on us, as though by our own power or holiness we had made this man walk? (Acts 3: 12)*

When the inner unfoldment came to me that I did not know God, I remember I found it quite insulting. I thought I had a very good idea of God. When the Voice told me I did not know God, I was already in the healing ministry and was achieving some measure of success in it. But when the Voice tells you something, there is no use arguing with *It* because *It* knows best! There was only one thing to do, and that was to acknowledge that I did not know God aright.

From the Letter of Truth to the Spirit of Truth

Most of us come to our Grace of God through our ills or discords. Mine came through illness. I was very ill with a severe cold that I could not rise above. One Saturday I sought out a practitioner whom I had never heard of previously and who usually did not see patients on Saturdays, when he devoted his time to study and prayer. But when he saw the condition I was in, he invited me into his office. Not only did I have an instantaneous healing, but also after leaving his office, I could not smoke or drink, or play cards anymore. Two days later, someone asked me for a healing, and got it. The next day someone else came to me and asked, "Will you pray for me?" and had a healing. This went on for a year and a half. By then I was in the practice of healing. That had not been my intent; I was not seeking it. It just came upon me.

Living By The Word

I Have

Your Responsibility To The Stranger

Everyone who knows this truth has a responsibility, and that responsibility is for you to decide what a stranger will find when he enters your consciousness. . . Everywhere people are reaching out for safety, for security, for peace on earth, for healing. They do not realize that these things cannot be attained or achieved unless they touch the consciousness of someone who is abiding in the Word and letting the Word abide in God. . . There must be individual consciousness setting aside some periods of the day to forget personal problems, family problems, and the nation's problems in order that individual consciousness may rise above the earth-plane into a state of divine Consciousness whereby it becomes a transparency through which God reaches the earth.

Instantaneous Healing, The Fruitage Of Nowness

In the kingdom of God there is neither time nor space. That is what makes instantaneous healing possible; that is what makes instantaneous reformation possible; that is what makes instantaneous forgiveness possible. . . You honor God only in your realization of a timeless and ageless God. For this, you find authority in Scripture in such passages as "Thou art the same" yesterday, today and forever. "I will never leave thee, nor forsake thee. . . . I am with you I alway, even unto the end of the world." None of that indicates that there is any future tense in our relationship with God. Our relationship with God is now. "Now are we the sons of God," and if you cannot accept that, there is no way to accept the Christian teaching. "Know ye not that your body is the temple of the Holy Ghost?" All this is now—not in the future.

Ten Righteous Men

Do you believe that "ten" righteous men in a city could save the city? I hope you really believe that. I hope you believe that one hundred persons in this world could save the world from all the disasters that threaten it, just one hundred persons, or even less, could do that. . . Think how the life of Mrs. Eddy has affected the entire religious world throughout the globe and how many millions of people have experienced physical, mental, moral, and financial healings through that one woman's consciousness. If you stop to think of that, then you must realize the power there is in the spiritual consciousness of one individual.

Evil, whether it is in the form of sin, disease, lack, unemployment, wars, or threats of wars, exists only in the same way that darkness exists. Darkness is not an entity that goes somewhere when light is admitted to a room. Darkness is merely an absence of light. The moment light appears, there is no darkness; but darkness did not go any place; it has not moved out of the room. It was not in the room, there was not any "it"; there was merely an absence of light. To perceive this is to understand the function of meditation and spiritual healing.

It is not the infinite, all-nature of God that makes our demonstration: it is the degree of our realization of that presence of God. . . Spiritual healing was just as possible to the world throughout the past five thousand years as it is today, but of what avail was that to the world until Mrs. Eddy revealed that the presence of God is as available in this age as it was on the shores of Galilee?

Very often healings do not take place until some specific truth has been realized, or some specific discord or other has to be removed from our consciousness before the harmony can appear in the body. In other words, we are never to judge by appearances. All we are responsible for is the depth of our meditation, our attainment of God-realization, and then the government is on Its shoulder to perform Its work in Its way. Our responsibility goes only as far as bringing about an immediate release; the responsibility of the person asking for help lies in attaining the higher consciousness that will prevent this problem from recurring.

The Promises Of Scripture Are Given To The Children Of God

The whole message of the Infinite Way is teaching us to make that contact with God. It is not trying to give us a new religion or present a new message from some human being about something. It is not trying to invent a new way of healing the sick and feeding the hungry. The whole import of the message of the Infinite Way is, through writings, lectures, classes, and recordings, to lift us to a state of spiritual apprehension, wherein and whereby we become the sons of God.

Let Truth Declare Itself In Demonstration

It is only in silence that the works of the Spirit are accomplished. That is why a silent treatment is much more powerful than an oral treatment. An oral treatment is apt to hit up against the consciousness of an individual and bring about rebellion. If you say to a person in pain, "Oh, disease has no power," you can almost feel him bristle as he replies, "No? I wish you were suffering this pain." So your statement has not only not blessed the person, but it has antagonized him and has been a barrier to his healing. If instead, you had simply said, "I will be glad to help you; I will pray"; and then, in your silence realized God alone as power, you would have aroused no mental reaction from your patient, and there might have been some measure of receptivity to it.

Living Now

Transcending Karmic Law

Transcending Karmic Law

1941 Voice says to find impersonal healing and Christ.

Joel on deathbed after five years of healing practice 1938.

Living The Infinite Way

God Is Omnipresent

Finally there dawns in consciousness the tremendous experience of understanding that since the kingdom of God is within, and the King, God, is ever within His realm, direct impartation of wisdom, direction, law, and power *can come from within*. . . Consciousness then becomes a state of awareness, attuned to the inner kingdom—the deep withinness—and gradually the student becomes consciously aware of inner guidance, direction, and wisdom. This is the culmination of the first stage of meditation wherein the student receives assurance, confidence, healing, and illumination from within his own being whenever he meditates.

Man Was Not Born to Cry

*Breaking The Bonds Of Humanhood
Across The Desk*

One of the reasons Jesus was persecuted was because he made himself equal with God. . . He denied himself and permitted God to be his life, his mind, his goodness, and his healing power.

The Word That Is With Power

If you remember that the object of The Infinite Way is to overcome material sense and be lifted into spiritual consciousness, you will have very little difficulty in healing work.

The Impersonal Origin Of Evil

Unless you can separate evil from the individual. . . so completely that even if you saw a man stealing a pocketbook, you could say to yourself, “Thank God, I know you are not a thief. The carnal mind is behind this”. . . there is not the remotest possibility of your healing anyone.

The World Gives Back To You Your Attitude Toward It

Know the truth that the indwelling Christ in you and in every individual in the world is the resurrecting and healing Christ and is ever-operative, even without being told what to do, or to whom.

What the Master really meant was that forgiveness should continue until a healing takes place, forgive until there is nothing left to be forgiven, but never condemn, never judge.

Our Spiritual Resources

*Spiritual Attainment Through Prayer
Shake Off The Inertia And Gain Dominion*

No treatment will ever result in any better healing than the nature and quality of the treatment given, because there is no mysterious God sitting around waiting to do our work for us. God is doing God’s work. . . Discord and inharmony. . . are unknown to God.

Sometimes the patient or even the practitioner himself blocks the healing by holding on to self-will in some way, or by holding on to some other thing which he is not yet ready or willing to loose.

Applying The Principle Of Impersonal Healing To World Affairs

As soon as you recognize that error is not personal to the patient, and transfer it to the carnal mind, the patient is well on the way to experiencing a healing.

[The principles of spiritual healing] work wherever they applied seriously, sacredly, secretly, and unselfishly. They will not work, however, if anything of a selfish nature is the motivating force.

Be Willing To Receive God's Grace On God's Level

With me healing comes as the result of an inner, realized conviction of the universal nature of God as Love, Life, and Truth, and the fact that It is all here and now where I am.

Across The Desk

The Art of Meditation sets forth the specific healing principles of The Infinite Way.

Infinity Is The Measure Of Your Capacity

I have had to be at death's door twice, and come back, so that I could learn and teach the principles of healing.

Practicing The Presence, 1955

1955 [1958 p 40 Art of Spiritual Healing]

Realization Of Oneness

Infinite Way Principles And World Affairs

Impersonalizing The Evils Of This World

Impersonalization is 3/4 of healing.

Fertile Soil

Desire to experience God rather than healing the problem.

SHOWING FORTH THE PRESENCE OF GOD

Freedom Through Grace

Humility, Requisite To The Flow Of Grace

When we rest and relax in the sense of "I can of mine own self do nothing," thereby giving up one's self, the power of divine grace takes over, and It never stops flowing unless we let that personal sense of "I" take over again. We stop the flow once we begin to think "I of my own self have done this," or "I with my understanding have accomplished it," or "I with my superior wisdom or power have done this." Divine grace takes over in proportion to our humility, and our humility is that state of mind we reach when we realize that even if we would we cannot. Even if we would like to heal, you and I cannot do that. As much as we might humanly love to give all our friends and relatives a complete, perfect, and instantaneous healing, we cannot do it. But the Father within us can. In that moment of relaxation from personal effort, a relaxation from the belief of personal powers, which I call *humility*, divine grace takes over and proves what It can do, and It does it often in most remarkable ways.

Oneness Of Consciousness

All those who reach out to you for help or are in any way a part of your consciousness—your patients, your students, members of your family, your enemies—all exist within your consciousness. Realize that they all live, move, and have their divine being in the divine consciousness which is your consciousness of truth. They have brought themselves to your consciousness because they have turned to the Father within for help, for healing, regeneration, spiritual uplift, that spiritual meat and spiritual drink. For that reason the activity of truth in your consciousness now becomes the law unto their being, unto their body, their health, and their affairs.

Inasmuch as any good has ever been done to you or to me . . . it was not done unto you or me but unto the Christ, for the Christ is our identity, Every time you meet a need of anyone for love, cooperation, money, supply, a favor, a healing, you are not doing it for him as a human being: you are doing it unto the Christ and through the Christ of your own being. No wonder Peter and John could turn to the Hebrews and say, "Ye men of Israel, why marvel ye at this? Or why look ye so earnestly on us, as though by our own power of holiness we had made this man to walk?" . . . When are you going to accept your responsibility and understand that this demand is not made upon you? This demand is made upon the Christ of you.

Seek The Substance Of Health Or Eternality

Eventually you will stop the attempt to demonstrate health, because you will not succeed permanently. . . . When you decide you no longer want to demonstrate health, but you want to demonstrate the awareness of God who is the health of your countenance, you have demonstrated health and wholeness, not merely a physical healing. . . . Having God you have all that belongs to God: "Son, thou art ever with me, and all that I have is thine."

The responsibility of the practitioner is to be a transparency

I have never yet met anyone who had enough understanding or spiritual power to heal anything. Only God has the power to remove the mist from our eyes. Only God has the power to dispel the illusions of sense, and "God is no respecter of persons." God will appear through your consciousness as soon as you . . . Accept the responsibility of being a transparency. But do it in secret. Do not talk about being involved in healing work to anyone. Do not advertise it. Wait until someone comes to you and asks, and then you can say to yourself, "Thank you, Father, that the work was done before he reached here. You sent him here so that You could appear to him through my consciousness."

Knowing that God sent you to me, God must have put your fulfillment in my mouth; whereas if I sent for you the responsibility is up to me to be able to satisfy you. But I do not have to satisfy you; I did not send for you. I do not have to heal you; I do not have to teach you; I did not send for you. God brought us together, so that God could function in the midst of us. Whether you are healing or teaching, you need to meditate to stay in the Spirit. Then when your patients or student are brought to you, the Father places the right words or thoughts within you, the Spirit within flows, and the work takes place,

When asked for help, it is legitimate to say, "Certainly, I will give it to you immediately, I will be with you at once"; or "I will take up work for you," or "I will go into prayer or communion for you. Call back later, or let me hear from you tomorrow," Let him know that your heart and soul and your spiritual understanding are at his service, but do not try to convert or instruct anyone while he is in pain, Further than that it is not necessary to go until there is a response, and he asks for enlightenment as to how it is done. Once you have reached that point, the outer teaching may begin. Do not attempt to teach people who are in pain, who are suffering incurable diseases, or whose mind is focused only on their outer condition until you have brought some measure of healing to them.

Spiritual Discernment

Immortality Unveiled

Impersonal Nature Of Error Makes Healing Relatively Easy

Healing should be a very simple thing. It involves the ability not to react to appearances; it involves the ability to realize: I am not dealing with a condition that has to be fought or overcome.

God Alone Is Understanding

As long as you hold to the fact that you have understanding, you are never going to do healing work, nor are you going to be healed, unless somebody has a greater realization than you have. . . God alone is the intelligence of this universe, and if there is any understanding, it is the understanding of God. We of our own selves, with all the truth we can learn in all the books, cannot heal a headache. But the power of God, operating in our consciousness, can raise the dead. It is the power of God, not your understanding or my understanding. There is no such thing as your understanding or mine, any more than there is such a thing as your goodness or my goodness, your health or my health.

Evolved Spiritual Consciousness Discerns True Being

Nobody knows how spiritual healing takes place. Nobody of spiritual consciousness knows how he is going to work on a particular case, what the results are going to be, or when. It is a constant living in the awareness of God as individual being. A developed spiritual consciousness lives in that awareness always, not merely when a person asks for help. It has to be a twenty-four hour a day realization. The statement that God is the only power cannot be turned on and off. A person on the path must live in that consciousness continuously, so that no matter how many times a day other powers are presented to him, they do not register. When he lives always in the consciousness of God as the only power, then what the world calls healing takes place.

One person on a platform can bring forth healing for a hundred persons in an audience if they are receptive and do not come in an argumentative or defiant mood, but as a little child with the attitude, "Let your Spiritual vision touch me."

To the evolved and developed spiritual consciousness, you are not seen as a human being made up partly of good and partly of evil, partly of mind and partly of matter. This is because the evolved spiritual consciousness is not looking at your body; it is not looking at your mind: it is communing with you; it knows you as the child of God. Wherever there is an evolved spiritual awareness, there is a discernment of your true being, your true nature, and it is for this reason that healing at the spiritual level is without effort. No suggestions are thrown at you for the purpose of convincing you or changing your state of mind. Spiritual consciousness does not take you into consideration, for there is no you separate and apart from God and God's spiritual kingdom. The evolved or developed spiritual consciousness is not thinking of treating or healing you. It is you who are reaching this consciousness and seeking for help, but this consciousness is realizing only God, one infinite Being, infinitely manifested. It has evolved to the place where it ignores appearances.

When you find those who have been schooled to the point here they do not believe in the mirage on the desert, you also find beautiful healing work. They have seen through the mirage, and this world does not sadden them any more. They have seen that temporal power is not power and that spiritual power is the only power. Only Spirit is power, and Spirit does not contend against bombs, dictators, governments, or any other form of stupidity.

When You Think Not

So on that Saturday, convinced within myself that I had made no progress and that I wasn't any further advanced in the spiritual awareness than I had been thirteen years before, on that day of all days enough light broke through so I could do healing work. and after thirteen years of study many human traits fell away from me in that one day. All that time, however. without my knowing it or being aware of it, onion skins had been falling away, but in that one day the realization came.

Healing, The Result Of Knowing The Unreal Nature Of The Appearance

Gradually we learn that healing is not brought about by power: healing is brought about by our awareness of the unreal nature of appearances not only of discordant appearances but of harmonious ones. That is the essence of the spiritual healing principle.

Becoming Free Of Erroneous Beliefs

Suppose that you have a cold and you are going to ask for a spiritual healing of this cold. The practitioner to whom you turn has no power over colds and neither has God. Nobody has power over a cold any more than you have power over two times two is five. You know that two times two is five is incorrect because you know that two times two is four. You have not used any power: you simply have known the truth, and by knowing the truth you have become free of an erroneous assumption.

The healing agency in this way of life is God's presence consciously realized. If there is any secret to the message of the Infinite Way, that is it. The Infinite Way began with the discovery that in spite of omnipresence, God is not available to you or to me until God is consciously realized. . . Here and now, in this way of life, you have to believe in omnipotence, omnipresence, and omniscience, and you have to act as if you believed.

Think of how many things there are in your life or in the lives of those close to you that you would like changed by a God-power, or a God-presence. Then remember that from this moment on you have given up that way of life and substituted for it the way of life in which you recognize no power in any negative or evil appearance. Whether that negative or evil appearance is appearing to you in the form of sin, false appetite, disease, lack, limitation, unemployment or whatever it is, let your attitude be: Now I am living a life in which I recognize the non power of whatever it is that heretofore I have feared, whatever it is that I have felt required healing, changing, improving, or reforming. I no longer need a power to change, alter, improve, or heal anything.

Words Or Statements Are Relative

I do something about everything and about everybody brought to my consciousness, but not always the same thing. Sometimes it is necessary that I sit for a long time before what I have to do is accomplished. But at other times it may come instantaneously. Once I have realized the consciousness of the Absolute, then the healing takes place, but first I have to come to the point of realization. That can be called treatment, even if no human thought is involved. It is just a waiting until that beautiful sense of release and of peace comes. That is the attainment of the absolute, and it is in that attainment that the miracle takes place. You may ask if I gave a treatment or had a healing meditation. Sitting and waiting for the attainment of that Absolute even if do not have a conscious thought is a treatment. I did something about it. I sat in expectancy, listened for the still, small voice, and waited for a realization of the presence of God.

What have we to do with a sick man? Are we in the business of healing sick people? Are we primarily concerned with whether a person is sick or well? We are not doctors. We have nothing to do with prolonging a person's life. Our work is the realization of God as individual identity. Is God any less this man's identity whether he is to our sense living or dead, sick or well?

Your vision is not the changing of physical conditions: your vision is the vision of eternal infinite Christhood. It is not a vision of your healing someone of something or making him into something else. Christhood is the established and permanent identity. Jesus revealed It; Mrs. Eddy revealed It; later Unity revealed It; and the Infinite Way is revealing It.

Illumination Brings Spiritual Discernment

Illumination is really the power of the spiritual discernment of an individual, and it is this that brings healing: not *a* God, not *the* God, not God. Only the developed or natural spiritual discernment of an individual performs the miracle.

We have no right to believe that we can give good to anyone, even good health, or that we can withhold it from another. We can neither give nor withhold: we can only discern. . . . But if we are developing the inner capacity of spiritual discernment, we can discern the nature of the image and likeness of God, and then in proportion to the measure of receptivity, there is healing. It may be an instantaneous healing or it may be long-drawn-out.

Spiritual Power Of Truth

A Harmonious Universe

Whether [patients] bring themselves into your physical presence, whether they telephone you or write you or cable you: the very moment your name appears in their consciousness, they are in your consciousness; they have united with you the minute they have thought your name. From that moment, they are in your consciousness. But what consciousness is that? It is capital M: *My* consciousness. Do you see that? That is why, even though you may not answer the telephone and you may not receive the cable, they will still receive the fruitage—because they did not have to enter human consciousness to get spiritual healing. They entered *My* consciousness.

It is very much as I described previously, when I said that even on the human plane, you can be assured that within the next twenty-five years, all disease will be wiped off the earth. It will be wiped off by medical discovery. There will always be spiritual healings as long as there is disease left, but there will come a time when we will have no need of spiritual healers, for there will be no physical, mental, moral, or financial diseases to heal.

Spiritual healing can only take place when you have stopped thinking of the person, and the condition, and the disease, and the belief, and the claim, and return to Eden where there is neither good nor evil, where there is only God, Spirit, wholeness and completeness. Nobody can ever be a spiritual healer who works from the standpoint of effect, who prays from the standpoint of trying to correct something in the Adam world.

That is why all these young practitioners are not achieving the healings and are wondering why, since they know the same Truth that everybody else does. The reason is, it is not knowing of the Truth that does it. What does it is the attaining of the fourth-dimensional consciousness of Truth. It is only when you have arrived at the place where evil is not real in your consciousness that you can do the great healing works.

Jesus says, "I can of my own self do nothing," and yet He went about healing the sick, raising the dead, feeding the hungry, and forgiving the sinner. Evidently, then, He was fulfilling that which He said, *"Thou seest me, thou seest the Father that sent me for I and the Father are One. The Father is greater than I, but I and the Father are One."* In other words, I, even as Jesus or even as Joel, am linked up with the invisible Selfhood so that the Selfhood of me is the Allness of me, and it is It which doeth the works. However, it is not an It out there, not an It up there; it is an It that is my very being.

This is difficult because we have a guilt complex about our own lacks or limitations. We have the feeling we should know better and we should be doing better, and therefore we tend to personalize evil in our own experience and think, "I am at fault." Humanly we sometimes seem to be. The only thing that can save us from that, again, is the word *I*. The moment we realize the meaning of the word *I*, we will see that it is impossible that *I* am responsible, and so we can impersonalize evil. We must be watchful that we do not personalize evil in our fellow man. It is in the impersonalizing of evil that healing work is brought about. It is not nearly as fruitful in the impersonalizing of God as in the impersonalizing of evil.

Many times we know things before we see the outward signs. That is another form of faith and is something that takes place in the life of every spiritual practitioner when they are doing healing work. There is no outward sign of any improvement—the pain is the same, the fever is just as high—and yet the practitioner inwardly says, "The healing has taken place." You may even say to the patient, "It's all right; you won't need me any more." There has been no outward demonstration or proof. But there is something which is equal to that. . . It is a knowledge based on, shall we say, Christ, the Spirit of God that tells us the Truth—as It told me, "This is my beloved Son, in whom I am well pleased." I had no evidence or proof; yet as far as I was concerned, that ended the treatment, that ended the case.

So then we come to a place that determines what degree of healing work we are ever going to be able to do. If you think for a moment that you will be happy to see a sick person get well, a bad person become good, you might as well give up your hopes right now of attaining any great degree of progress in a spiritual ministry. A spiritual ministry says, "You are spiritual: that is the actuality of your being. It is neither good nor bad, healthy nor unhealthy. The Truth of your being Is God. God Is the reality of your being." You dare not have any judgment other than that.

Anytime a practitioner, regardless how little their understanding might be, came to a moment of realization on any point, a healing would take place. Any time a metaphysician sat down and thought through, read through, and pondered thoroughly any problem until a moment of realization came, that particular problem would be met. Now, if that happened often enough in their experience, they would have a moment of transition when the whole of the material scene would be wiped out and they would have the realization of God. . . . Then there would be no more need for these realizations with every call for help, just as my friend was able to say, "What does he think I can do about that [headache]?" He was living up there in that state of consciousness where he knew that nothing could be done about nothing.

This is what happens on the spiritual Path. Day by day we break some fetter of human experience and we drop some phase of humanness. We make that transition to where our prayer now is a benediction to the world, to where we are no longer praying that we receive anything but we are praying, "Father, forgive our enemies, they know not what they do. . . . In other words, we have made an about-face and we are no longer sitting at the feet of the Master. We now *are* the Master, and we are healing the multitudes, freeing the multitudes, and feeding and forgiving the multitudes. We are now the Christ Consciousness, and we seek nothing for ourselves, because we know that "all that the Father hath is already mine." Now our whole life is pouring forth God's Grace to this world, but not in the form of throwing our pearls before swine to be trampled on. We do it silently and secretly. Our praying is done in secret!

You see, in this message of The Infinite Way, our entire healing work is done by not taking up the sword. Our entire healing work is done by not using Truth over error, by not trying to have God heal a disease. Our entire healing work is done by a recognition of the Truth, the Truth being: that which is not of God has no law to sustain it; therefore you do not have to fight it—you only have to of any nature is but a universal malpractice, you do not have to fight it anymore. It has no power.

How often it happens that a patient says, "My trouble is sensuality," or the practitioner says, "I've discerned that you're too sensual." Now you see, that just pins it onto the individual and makes healing an impossibility. If you do detect those things, then it's only a sign that this individual is being handled by that subliminal perception, that universal or carnal mind, in that way. Then realize that this is an attribute of nothingness, or the carnal mind. It cannot use the Child of God as an avenue, as a channel, or as an instrument, because it's a nothingness itself—no presence, no power, no law to sustain any such thing.

We do not aim at having instantaneous healings. They're wonderful when they take place, if they fulfill their spiritual mission; but that is not our object. Our object is the changing of consciousness—the changing of an individual's consciousness from a material sense of life to the spiritual awareness of life. . . . You see, we are the ones, when the right help is given, who should be responding in accordance with God's will. However, we fight this by having in our mind how the demonstration should come out, and when, and to what extent, and so on.

The Infinite Way in its healing work is directly opposite to all other metaphysical teachings, for the following reason: we do not look within you for the error that is causing your trouble. We do not look to your wrong thinking for the cause. We do not look to the sins for the cause. We do not admit that resentment, jealousy, We start with the Self with a capital S which impersonalizes you and makes God your Selfhood. Therefore Divine qualities are the only qualities of your being. Therefore there is no sin in you, nor is there any effect of sin in you, nor is there any disease in you, nor is there any cause of disease in you. Rather, all evil which seems to be manifesting through you is recognized as impersonal—as being no part of you, since God is your being. Even your body is the Temple of God; therefore this evil can not be in you or in your soul or in your mind or in your being or in your body. Where is it then? Where is this evil? It is in an impersonal belief in mortality, in mortal selfhood, in a sense of separateness from God (which you aren't).

The moment we believe that your wrong thinking, or your wrong doing, or your wrong mother or father are responsible for your ills, we have personalized the whole thing—placed it in you and made it virtually impossible to get it out. Whereas if in our healing work we recognize that God constitutes your being and therefore this evil, regardless of its name or nature, is but this impersonal carnal mind, this universal belief in two powers, this universal belief in a selfhood apart from God, then we have impersonalized it. "

The 1954 Infinite Way Letters

Attain The Mind

What To Understand For Healing

All spiritual healing-work is based on the ability to ignore appearances and "see through" these to "righteous judgment." . . . the ability to attain this consciousness comes only with constant and steadfast practice; the continuous abiding in the knowledge that we must not accept appearances; that we must reject consciously every concept of God, of man, of things; and that we must patiently "be still" until God reveals through our higher consciousness that which is Truth—the Truth about God, man, and the universe. This is the means of developing that spiritual consciousness which alone is the healing power, and also is the gift of spiritual knowing and living.

We do very little in the way of giving testimony, except where the testimony illustrates some principle that was involved in the demonstration. Never do we give a testimony merely for the sake of showing forth a healing.

Spiritual Healing

In the matter of healing, which, in the beginning, is one of the most important phases of the mystical life, many cases do not instantly respond. This is not a question of fault on the part of the patient or the practitioner, but it *is* a question of the practitioner's *willingness* to stand by until the release comes.

The Art Of Spiritual Healing

Spiritual Healing: The Principles

The Language Of Spiritual Healing

Complete total spiritual healing is the non-recognition of the reality of the condition; it is a state of your consciousness or mine, or the practitioner's consciousness, in which God is so real and the works of God—the word of God, the universe of God, and the man of God—are so real that it is fantastic to believe that such a thing as disease of any kind could exist in God's universe.

God appearing *as* individual being—God appearing as you—is a secret of The Infinite Way; it is a secret of spiritual healing. This “you” is not a reflection or a separate idea or something less than God but God Itself made manifest.

Healings take place not through the intervention of some God, but [through the realization of the non-reality of the claim].

[Joel continues in sales for 18 months after healing two others]

[Joel's first experience- late 1928; Joel's first healing: Man is not a healer.]

Realize that in healing you are not dealing with a person or a condition *per se*: [but] with universal hypnotism.

Spiritual healing. . . only when you know the unreal nature of that which is causing the trouble.

To do spiritual healing it is necessary to be able to look any form of sin or disease in the face with complete confidence, “Neither do I fear thee, nor will I battle thee. Why should I fear what mortal man can do to me? Why should I fear what mortal things or persons or conditions can do to me, if God Himself is the only law, presence, power, cause, substance, and reality? I will stand still and see the salvation of the Lord.”

Treatment Is A Realization Of Omnipresence

The secret of healing is in. . . immediate reinterpretation.

The Contemplative Life

*Contemplation Develops The Beholder
Living As A Witness To The Activity Of God*

When you witness healing works. . . you are not witnessing the power of an individual, for an individual has no such power: you are merely witnessing an individual who is keeping himself free of the appearance-world and maintaining himself in a consciousness of no judgment, so that the grace of God can come through, because the grace of God cannot come through the human mind.

Let Each Meditation Be An Individual Experience

As you meditate never have in mind the healing of mind, body, lack, or fear. Never, never, must you have any goal or any object other than the attainment of God-realization and the recognition of the Presence within you.

Across The Desk

Grace is never a thing or condition, but may appear to our limited state of receptivity as a specific healing.

Unless you realize and feel God's presence, or unless you actually feel the nothingness of that which is presenting itself as the appearance, the healing will not take place.

Self-surrender

In order to build a consciousness of truth, all Infinite Way students should know the following passages as well as they know their own names:

The New Horizon, *The Infinite Way*

God is One, Living The Infinite Way

Break the Fetters That Bind You, *1958 Infinite Way Letters*

Contemplation Develops the Beholder, *The Contemplative Life*

Introduction, Love Thy Neighbor, *Practicing the Presence*

The Relationship of Oneness, *The Art of Spiritual Healing*

Across The Desk

I have suggested that those new to the message begin with *Living The Infinite Way*. . . *Practicing the Presence*. . . *The Art of Meditation*. . . *The Art of Spiritual Healing*. . . *The Infinite Way*. . . *Spiritual Interpretation of Scripture*.

There Is No Power In The Visible

Metaphysical healings have taken place by the very recognition of the truth that the power is not in form or effect, that germs do not carry power, that weather and climate do not have power, but that all power is in the Invisible.

The Contemplative Life d

Contemplation Develops The Beholder

It Is I; Be Not Afraid

"It is I; be not afraid. . . My kingdom is not of this world. . . Cease ye from man, whose breath is in his nostrils: for wherein is he to be accounted of?" These are the three scriptural passages that have been the foundation of my healing work ever since the early 1930's. . . "Cease ye from man, whose breath is in his nostril. . . " [i.e.] Do not try to change man, improve him, or heal him, and certainly do not judge or condemn him: take no account of him. In other words, be still! . . . "My kingdom is not of this world" [i.e.] Do not judge by the appearances of this world, because in *My* kingdom, harmony is.

The Early Years (32-46)

Mind And Its Idea One

"Treat a belief in sickness as you would sin, with sudden dismissal." However, you can do this only when you have reached the assurance that man *is* spiritual, perfect, and needs no healing.

God has and needs no channels. His Selfhood is directly expressed as his creation. There is in heaven and on earth no one who needs healing, improving, enriching, employing, because we are and always have been God's Selfhood manifested. Truth cannot be brought to us. The *belief* that we have needs is the reason we have to contend with problems.

We must bear in mind that there can be no actual healing, because there is nothing to be healed. "Spirit is infinite; therefore *spirit is all*. There is no matter." Spirit never needs healing. This is all you need to know. . . There is no "you" outside of mind, so you need no healing. . . You have no demonstration to make. All action and volition belong to God, and his demonstration (you) was complete from the beginning.

Healing is not difficult when we once know that we are not trying to heal a body or improve man or change him, but that we are trying only to establish in our consciousness the awareness of the peace that is already there, awaiting Our recognition. Then, let us take "peace, be still" for our Word, let us "seek peace" within us; let us realize the presence of peace in our consciousness. In the silence of the night when you are awake, realize peace within you. Peace is a great healer. Do not seek healing, seek peace; the healing is the "added thing."

The secret of secrets is this: never try to heal matter as matter. This is the password to success in practice and demonstration. Never try to remove or reduce a growth, increase or decrease blood pressure, heal a burn, reduce a fever, overcome a cold, etc. We are not physicians and we have nothing to do with healing bodies. We have, by the grace of good, been given the revelation that this is a spiritual universe, that we are entirely spiritual, that we have perfect, spiritual bodies, and that our work is to correct the belief that man, including the universe, is material and mortal. We do not treat a person or a body. Our work is impersonal. It is treating the world belief in any given direction. That is why we cannot look to the body for health, or to see if we are improving.

The consciousness we call Christ "takes no thought." The healing consciousness is a "peace, be still" to error of any name or nature, yet it acts in silence, and is expressed in quietness and confidence and peace. The mind that was in Christ Jesus does not deny or refute error, nor does it enter argument or discussion. It knows that no denial is necessary. It knows that God is not a power which one uses to destroy an evil power or presence, because it knows no evil power or presence exists; and in the presence of that which appears as sin, sickness, or death, it rests in the assurance of Christ as the only presence and as infinite perfection. Christ consciousness needs no mental or audible reminders of truth. Its presence is the "peace, be still."

We are so eager for "results," so anxious to bring about healing, that we do not "wait on God." That is, we do not wait for mind to reveal the answer or perfection of being within us. We rush into "statements" and "truths" through the intellect; we affirm, deny and quote—all statements of *truth*, of course, but still not truth declaring itself; still not *mind affirming its own state of harmonious being*.

The Foundation of Mysticism

Introducing The Healing Principles

The Nature Of God

History records hundreds of mystics, men and women who attained their spiritual experience, but only a few received the healing gift. Most of the mystics lived in conscious union with God but lived separate and apart from their human experience so that even when they were in their humanhood, they were not able to bring out the spiritual grace which results in health, harmony, and abundance.

The principle [Mary Baker Eddy] taught was that God was the only cause and the only creator, therefore, there could be no effect from any other cause. So, the basis of her spiritual healing was the absolute allness, the omnipresence, of God.

The very moment [The Infinite Way] becomes organized—and God forbid it ever does—be assured that you are within twenty years of losing the healing principles. The reason is that in every organization there is an authority, and instead of going into your own consciousness, taking the books and the tapes into your own consciousness for guidance, it becomes so easy to ask someone else, "What about this?" or, "Give me some lessons." Then you get an interpretation that does not come from the source within you. That has happened before and it can happen again.

Know The Truth

Actually, at this stage in my work, I don't go that far because it's no longer necessary. I have been doing this for thirty years so that now when I behold an appearance of error, to me it is just evidence of malpractice. That's all it is. It's just a mental imposition touching my thought, I don't accept it, and that's the end of it in ordinary cases. But if there is no response—I'm speaking now of those who appeal to me for help—if that does not result in healing and they come back again for help, then I may have to sit down, remind myself of this, get quiet and wait for that "click," the inner assurance that God is on the field.

Every time you undertake healing for someone, what you really undertake is to lift them above the physical plane of consciousness to where the laws of physicality do not operate. Then spiritual harmony unfolds in them. As a spiritual healer you are not healing their bodies, You are not doing anything to the organs or functions of their bodies. All you are doing is lifting them in consciousness above the physical and mental planes to where they are in the grace of God. And the grace of God wipes out the physical and mental laws that have been binding them. That is how spiritual healing is accomplished.

In every message that embraces either mental or spiritual healing, we address the individual, and in doing this we personalize error. You either call the patients by their name, or you address them as "you," and you seek to uncover the error in their thought, or you point out to them what they lack in spiritual qualities: "You should be more loving or more grateful or more forgiving." Always, "You." Even in silent and absent treatments, the patients are the ones who are being treated. This is practiced in every teaching except the Infinite Way.

Many times I have witnessed those who have passed from sight, and in every case an identical experience took place: the individual, for a short while, was suspended above his or her body. The body remained where it was, but they were suspended above it. This, too, I know through experience, that the individual has a choice of going on or returning. And when the occasion requires it, such as a mother with a family that she cannot feel right about leaving, she will return; and sometimes that's called a miraculous healing. She chose to return.

Never, under any circumstance, do we give a treatment to anyone, even if they should ask for it. Why? That is not the procedure of the Infinite Way healing principles. The message of the Infinite Way teaches this: If I am a practitioner, I must know the truth. If I do not know the truth, I have no right to be a practitioner. Now, if I know the truth, it makes no difference where I am or what the circumstances are. The moment I witness a lie, I correct it within myself. If I see a person who is ill, I don't give him a treatment, not even if he is my patient. I don't give treatments. When my attention is called to an illness, I turn within myself for realization of the truth. And what is the truth? God constitutes individual being. God is your Being. Your soul, your mind, and even your body is the temple of God. I'm not saying this to you; I'm not giving you a treatment; I'm repeating this to myself.

Our only disturbance is caused by whatever it is that has convinced us there are two powers. And when we begin to understand the fleshly mind, or the arm of flesh, as nothingness, that's when we dissolve the pictures of sense. . . You might as well get used to the idea: All the evils of this world are nothing but pictures in the mind. When you know this, they begin to dissolve. They begin to dissolve the very minute you know the nature of error. All evil functions in this universal mesmeric mind are not law and have no law to sustain them. They are not a presence. Since God didn't ordain evil and since God doesn't maintain or sustain evil, don't fear it, don't fight it. "Resist not evil. . . Put up thy sword." Be at peace. God is. And then you'll find how this spiritual healing work is really accomplished.

The basis of our healing work is accomplished not by praying to God for help, for employment, or supply, or activity, or for a profession, an art, or a gift, but by realizing that the mind of God is actually our very mind. The fullness of that God-mind is our capacity, our art, our good. We realize that the picture that confronts us is this mesmeric picture that is forever without law. Then watch it begin to recede. Watch the healings that take place, and not because God has done you a favor or because you have found some person who is closer to God than you are. That is all nonsense. There isn't anybody closer to God than you are. There are only those who have learned about the origin of sin and disease, and thereby know how to nullify it.

The entire basis of our healing work—and please remember that disease of every name and nature is handled in this way, and so is every form of sin or false appetite, unemployment, marital relations, employer and employee relations, capital and labor relations—is to hold no one in judgment. If you cannot do that, you cannot bring about spiritual peace.

The metaphysics of this message is what makes it possible to do the healing works. The mysticism of this message enables you to live in God, live in spiritual consciousness, live and move and have your being in the fourth dimension of life. Then your experiences in the outer plane become sort of a "suffer it to be so for now," and yet it's very enjoyable, especially when you meet people seriously trying to live a spiritual life.

This is a mistake too many students make: stating these absolute truths as if they were already an accomplished fact. They aren't; they aren't. Why do you think Jesus said that he came to earth to heal the sick, open the eyes of the blind, open the ears of the deaf, forgive sinners? Did he at any time say, "Oh, you are already spiritual; you are already perfect?" Did he at any time say, "You don't need healing, you are already in the kingdom of God?" Oh, no, he didn't.

When my first religious experience took place [1928], it brought with it the healing gift, and healings began immediately. . . Time passed, then in 1940 an inner revelation told me that I must learn about the impersonal Christ and about impersonal healing. In 1941 I began an automobile trip around the United States, going as far north as Banff and Lake Louise, then south to New Orleans and Florida, from the East Coast to the West Coast, traveling nineteen thousand miles. The most important revelation came in the early part of the trip when it was revealed to me that all forms of metaphysics which teach that error in individual thought is responsible for illness and erroneous.

The Infinite Way Letters 1955

Christmas, 1955

Christmas 1955

I turn to this healing consciousness in order to let It be released into the world [to reach that deaf and dumb child]

The Price Of Truth

you feel there is a limitation to your healing power. . . [but]. . . It is the Mind of God that heals!

Suggestions For Healing Work

healings. . . when we effectively know our oneness in God in complete abandonment of effort to overcome anything.

Secret of healing: When a call comes from help. . . say, “Rumor, temptation, appearance, nonsense.”

The Infinite Way Letters 1956

Contemplative Meditation

Be Taught Of God

The greatest healing principle in the world is to be able to recognize and rely on the *I* that is within you.

Spiritual Preparation

[Joel] spent sixteen years in the healing work before The Infinite Way was written.

Look unto *Me* for wisdom and guidance, for safety and security and support, for healing and for comfort.

There is nothing and no one to heal [and] healing work is but the realization of this truth in one way or another.

Oneness With God

The gifts of prophecy and divine healing are likewise gifts of the Spirit, and can be realized only in proportion as Grace has quieted the reasoning faculties of the mind.

Seek Within

The realization of God as love is the greatest healing influence in the world.

The Infinite Way Letters 1957

August: Your Names Are Writ In Heaven

The Secret Of Healing Is Reaction

Healing work requires not only intense love for God, but a great reverence for a God who can maintain such a perfect, harmonious universe.

Christ Healing

To begin a healing meditation, we become a state of receptivity, listening for what may be revealed from within.

Travelogue

To be grateful for a healing is an error: Be grateful that the Spirit of God has been realized.

When patients seek healing of a practitioner or spiritual healer, they seek that which they cannot receive.

The Secret Of The Healing Principle

The people involved [in a failed healing]. . . are not yet ready to live by this principle [of Grace].

The secret of all healing is an understanding of the nature of error. Error is never a person. . . a thing. . . a condition.

Gratitude

Spiritual healing can only. . . take place when an individual has so dedicated himself to spiritual living that he becomes a transparency through which God can act.

Bear Witness

In The Infinite Way, we do not use God. Instead we sit in quietness and stillness, watching God do the work. Then we can say, "I witnessed a healing."

The Infinite Way Letters 1958

April: The Message Of Easter: I Have Overcome The World

Easter

Our first lesson is spiritual healing— the activity of the functions and organs of the human body are dependent upon our consciousness of spiritual truth.

Across The Desk

Spiritual healing results not so much because of what you *know* as because of what you *feel*. It is the letting go of mental striving and struggling and letting God's grace reveal itself.

The healing work is only accomplished in that split second when the Christ is made evident, when that feeling of awareness or release takes place within us.

The Infinite Way form of healing. . . accepts [the patient] as he is and permits this Christ to enter his consciousness and do the transforming rather than making the healing contingent on the patient's efforts to be a better human being.

Understand The Nature Of Specific Work

The Master Speaks: Reality of Spirit, A High Form of Treatment, Healing and Silence

There are some who have not a sufficient degree of receptivity to respond to spiritual healing.

Wait for that one second of deep breath or inner peace. That should bring the healing.

The Infinite Way Letters 1959

August: Conscious Dominion

The World's Response To Us Is The Result Of Our Reaction To It

There would be no healing at all until I could rise above any reaction to the problem.

You cannot talk about the allness of God and the allness of God's power, and then ask, I wonder why I do not get this healing; I wonder what power is operating in this situation besides God.

The Demonstration Of Christhood

Every time we are responsible for the healing of a cold, a headache, indigestion, cancer, or tuberculosis. . . we have demonstrated Christhood as the identity of our patient or student.

Across The Desk

To what extent have our many healings inspired us with either a deep love of God or a craving to know God aright?

Across The Desk

The March and October 1958 Letters and the chapter “Love Thy Neighbor” epitomize the essential principles of Infinite Way spiritual healing.

Across The Desk

[For treatment and healing Joel recommends related chapters in Letters ‘54-’58]

That second half of the treatment, which is the most important part as far as healing is concerned, will not be effective if the first half of the treatment has not been thorough and complete.

Specific Truth For Treatment

The healing would be accomplished because. . . [of] the conviction that *I am*, and if *I am*, you are, and all that *I am*, you are—but I *know* that.

The less experience you have had with healing work, the more you should know about the claim, because until a healing consciousness has been established, the more specific you would have to be in your treatment.

God-realization Dissolves Material Sense

Something deeper and greater than yourself will flow out into visible expression. It, then will do what we interpret as healing work, although actually what appears as healing work will be the dissolution of material sense.

The Fruitage Of An Attained State Of God- Consciousness

Do not separate yourself from the Father by saying, “I had nothing to do with the healing.” Of course you did.

When you are the instrument for a healing, for you to try to separate that healing from the activity of your consciousness is to set up a God separate and apart from you.

Freeing Ourselves From Universal Claims

In spiritual healing, there is always the temptation to try to improve the human scene.

Across The Desk

The year’s work will culminate in November with. . . the introduction of The Art Of Spiritual Healing. . . Metaphysical Notes [formerly] Conscious Union With God.

The Journey Back To The Father’s House

Special Lesson On Healing Work

Healing And A Transformation Of Consciousness

If we can realize the truth of anything in a moment, that is all we need. If some particular problem is obstinate and we have to continue with it for hours or days, that is what must be done. There are cases that we work with for months. I have worked on some for years before a healing has been brought about.

If we really want to do healing work, let us not think of the man, woman, or child who is involved, how long he has been ill, or the nature of the illness. All of that just perpetuates it. Turn from the appearance and realize the nature: of I. And what is this appearance? The "arm of flesh," really a hypnotic belief in twoness, a mesmeric suggestion of a selfhood apart from God.

Let us not be tempted to take a patient up to God; that is duality. Instead, we hold to the truth that since *I* is infinite, incorporeal, spiritual being, this that is appearing to us is just a state of universal malpractice, a universal hypnotism, a nothingness. . . The *I* of my being and the *I* of your being, this is God, and God is incorporeal, God is spiritual, God is immortal, and God is eternal. A treatment will not make God that way. Neither will a treatment make us that way, for "I and my Father are one," not two. The minute we have God, *and*, we are out of a spiritual healing treatment. We have to have God as individual you and me, and ask, "What about this appearance? What about this sin? What about this disease? What about this unemployment? What about this lack? What about this unhappiness?" Then we receive the answer, "It is a state of hypnotism, mesmeric belief in two powers, the belief of a selfhood apart from God."

Spiritual Maturity

I was thrust into the healing ministry within two years after my first experience, but I was not given the teaching ministry for sixteen more years. It is very slow in developing, very slow maturing. The reason is found in the understanding of the word maturity. . . Maturity has to do only with the ability to think objectively, to see understandingly, to throw off the conditioning that has come about through birth, race, or education

There may be quite a few periods of illness or lack until you, yourself, are deeply rooted in the Christ and this Christ completely takes over your experience. Then, of course, there will be the experience of others who come to you for healing and then for teaching. and vicariously you will experience the suffering in their lives and their problems, and it will be just as hard for you as if you, yourself, were undergoing the problem, and sometimes worse. Many a time you will have the feeling that you would rather take this problem over and suffer for a person than see the person suffering, but you will not be able to do this because life is an individual experience.

A Desire To Know God Makes For A Receptivity To Spiritual Healing

To be receptive to spiritual healing means that there must be an innate desire for God, not just a great desire to be healed.

We must give up this belief that God planted the Christ in us just for our special benefit. The function of the Christ in man is to bless mankind, to raise up those who are still in sin, those who are still in disease, those who are still in death, those who are still in lack. This is the function of the Christ in us and in every person who is awakened to Its presence. . . . As we contemplate the Christ in us, let us remember that the Christ that lives our life has not been given to us for our picayune little satisfaction, health, or life. The Christ has been given to us that we may be transparencies for God, that we may show forth God's glory on earth. That is why the Christ is in us: to show forth God's glory in healing, in forgiving, in redeeming, in supplying. We open ourselves to the Christ-activity by inviting the world, not outwardly through advertising, but spiritually within, inviting the world to our spiritual household, inviting this world to come and eat and drink, letting this world come and be healed through the inner realization: *Thank You, Father, I know why the Christ is here in me. I am willing for It to function. I am willing to be the instrument to heal, to feed, to forgive, and to redeem all whom Thou sendest me.*

The Nature Of The Transcendental Consciousness

The person who would be a spiritual healer must first have prayed, read, studied, and meditated until some measure of that transcendental consciousness has come upon him so that he can sit and look at evil in any form—sin, disease, death, lack, limitation, war—without a trace of fear, and be able to say, "No, thou couldest have no power over me at all, because only Godpower can operate in my experience. This is not a reality; this is not a person; this is not a condition. This is an illusory, substanceless, lawless appearance." As the practitioner sits in that perfect calm, healing must follow, more especially to the patient who is not looking to God to do something to a disease, but who is really beginning to understand that we look to God only for the presence and realization of God.

The Unconditioned Mind Abides In The Consciousness Of The Presence

In this unconditioned mind, there is no movement toward attaining, achieving, or demonstrating anything. There is no movement of the mind outside of itself. . . . Living and moving in Him, there is no outside world, and yet just as Jesus was abiding in this very consciousness of the Father, everyone who touched the hem of his robe was blessed. He was not thinking of blessing them, he had overcome this world. He was not thinking of feeding, housing, or healing them: he was abiding in his consciousness of God's presence, and then everyone who touched him, everyone who entered the realm of his atmosphere or aura physically or mentally, was blessed, not by a conscious direction of his mind, because that would have been trying to use God and send it over to some person. No, he was living in the contemplation of divine grace, and then let anybody, saint or sinner, touch him, and instantly be purified.

This brings to light the great mystery that we have no life of our own. The life of God has become our life, because we are not thinking in terms of time or space; we are thinking in terms of eternity. In this spirit we live, and yet we have no feeling of age; we have no feeling of a physical body. We have overcome that world of physicality. 9 We bring this spirit of God into active expression when we do not want It for a purpose. We have overcome the world when we want the spirit of God, but not for a purpose. *Thy presence is my sufficiency in all things. I seek only Thy presence, but not for a reason, not for a purpose. I do not want to use It, just tabernacle with It, commune with It.* We have overcome the world in any moment in which we seek the grace of God, not for a healing, nor for supply. not to make the world better, but in our mediation to retire from this world and enter the kingdom of grace, enter the realm where we do not live by might or by power, where we do not use the sword, because we are not trying to hold onto anything material.

The Letters '32-'46

*3: The Real Self
(real Self)*

Healing: seeing that everything already is.

(home)

Healing: recognition of omnipresence of that which seems missing.

(no Outlines Physical Form)

Spirit never needs healing, this is all you need to know.

The Mystical I

*An Act Of Worship And The Fruitage
Listening Is The Correct Attitude For Prayer*

In all my years of teaching and healing ministry, I have never yet had God tell me about an error in any person. I have witnessed a great many errors dissolved in other persons as well as in myself, but I have never heard God tell me that anyone had an error.

The Purpose Of The Infinite Way

Once you understand that the principle that all evil is impersonal and that it does not have its rise in any individual, you will begin to have the secret of healing work and the secret of world work, because you will not attach the sin, the disease, the struggle for power, the wrong thinking, or any other thing to an individual.

The Activity Of Meditation Within Changes The Without

I glory not in the outer prosperity or outer health; I glory in the Essence which fill me, this divine Presence, so that I can spend what I have today and be renewed. I can give and I can share all that the Father gives me, and yet retain within myself the Presence, the Substance, the Staff of life which, in Its season appears outwardly as still another message, still another dollar, still another trip, still another healing, still another something or other.

The Thunder Of Silence

*From Darkness To Light
The Two Covenants*

Silence—the healing consciousness

Ye Are The Light

So it is that every spiritual healing is the result of one individual sitting in the Silence, quietly, peacefully waiting, and then the Spirit comes through the consciousness of that one—the voice thunders in the Silence, and the earth melts. We become that one in proportion as we learn to be *nothing*, to be still, and to let that Light act in us and as us.

The word of God received in our consciousness is the healing agency—quick and sharp and powerful. But the word of God must be *received*; it must not be a mere repetition of words because it is not our rehearsal of these truths that reveals God's presence and power, even though these truths do form the foundation on which we rest until the word of God bursts into our consciousness with some message such as, "Thou art free," or "Son. . . all that I have is thine," or "Thou art my beloved." Sometimes It says nothing at all but we feel the inflow of peace and warmth throughout our whole system, or a smile coming to our face as much as to say, "How could I ever have believed that there is reality to this trouble?" When that inflow comes, which is really an inflow coming to our outer senses from the Father within, harmony is established, and healing takes place, whether for ourselves or for others.

Henceforth Know We No Man After The Flesh

. . . a spiritual "peace be still" [from which] emanates the healing Grace which envelops one or one's patient.

Ever since that illusory experience known as the Fall of man, the mind has been used as a creative faculty, and that is what is at the root of our troubles and problems today. Therefore, when called upon to help our family, friends, or others, or even when in need of help ourselves, instead of trying to change the person or condition or instead of condemning ourselves or others, we should realize that this is just another form of mind presenting itself to us. The healing agency lies in our realization that *mind is not a power: Mind is an avenue of awareness*.

Mind, unconditioned and having no qualities of good or evil, is the substance of all that is visible; and all that is, is as unconditioned as the mind which is its basis. If this were not true, it would be impossible for our state of consciousness to produce changes in what is called the material universe. . . We would know that our consciousness of one power, which really is a consciousness of no-power, had produced the healing and was a law of harmony. We would observe that our mind functioning as an instrument of God had produced an effect on what we call body or matter and we would know then that the substance of mind and the substance of matter are one and the same. That is why mind can affect matter and, moreover, that is why truth in consciousness can affect matter.

This is the secret of The Infinite Way, and it is the secret of healing: "Henceforth know we no man after the flesh" — not even after healthy flesh. Henceforth know we no man after his wealth—large amounts or small: We know only God as Father, and God as Son, the Christ, the spiritual image and likeness of God. Henceforth know we only God as constituting man; henceforth know we only God as the substance of man. Henceforth know we only God as the life of man, the Soul of man, the health of man, the wealth of man, the dwelling place of man. Henceforth know we only God, and not man.

Throughout my years of healing work, I have learned that if I can be made to accept the condition or the person that is brought to me as either good or evil, just in that proportion I will fail to bring forth a healing. Healing comes with the realization, "This is not evil and this is not good; there is neither good nor evil here because God is here, and where God is, 'where the Spirit of the lord is, there is liberty.'"