
Conscious Union With God

*States And Stages Of Consciousness
Holding Thoughts Is Not Spiritual Power*

Mary Baker Eddy offered two teachings: mental practice or spiritual practice.

God, The Substance Of All Form

*Individual Unfoldment Of Consciousness
The Infinite Way And Other Teachings*

Another difference between this message and others is that we do not attribute any power to this thing which some people call “mortal mind.”

Living By Grace

*Message to Teachers on the Spiritual Path
Inner Attunement*

Beyond the physical, there are two levels of consciousness: the mental and the spiritual. In the earliest days of introspection, many people turned inward and touched the mental realm. Because it was something greater than what they had ever known, they thought they had reached the Kingdom of God. That was Mr. Quimby's primal mistake. He touched the mental realm and dressed it up by calling it "God," "Christ," "Spirit" and "prayer." He was really responsible for much of the mistaken teachings in the world. Mrs. Eddy took Mr. Quimby's mental teaching and in the same way embroidered her message with the same names. In her mental teachings, she states that sin, ignorance, and fear are the procuring causes of all diseases. She did not go beyond this mental teaching until many, many years later. In her spiritual teachings she says that neither disease itself, nor sin, nor fear has the power to cause disease or relapse.

The Early Years (32-46)

Malpractice

Many have been fooled by misinterpreting Mrs. Eddy's grand statement: "Divine Love always has met and always will meet every human need. Always remember that it is the divine love *you* give forth that meets your human need. . . You will remember the statement of Mrs. Eddy: "Mystery, miracle, sin, and death will disappear when it becomes fairly understood that the divine mind controls man and man has no mind but God." Therefore the only result this mind can produce is good.

The Foundation of Mysticism

*Introducing The Healing Principles
The Nature Of Error*

It was brought to light in the early days of metaphysical teachings that there are specific mental problems causing specific physical problems. Mrs. Eddy accepted that idea in her early days, and when she later realized there wasn't a word of truth in it, she eliminated it from her teaching the best she could. But unfortunately one of those close to her refused to accept her new revelation and published a book containing a list of the mental causes for physical effects.

The principle [Mary Baker Eddy] taught was that God was the only cause and the only creator, therefore, there could be no effect from any other cause. So, the basis of her spiritual healing was the absolute allness, the omnipresence, of God.