
A MESSAGE FOR THE AGES

Chapter: Infinite Way Pearls

Topic: *Omnipresent Consciousness As Omniscience And Omnipotence*

1963 Instructions For Teaching The Infinite Way 1:2,
509, 511

The end of the search for God comes when a person discovers that God constitutes his consciousness and that God is not to be found in holy mountains or holy temples, in Jerusalem, Rome, or Boston [and] that the nature of that consciousness is omniscience, omnipotence, omnipresence. . . I do not have to pray to my consciousness in the sense of telling it anything, trying to influence it, or trying to buy its favors. I have to relax in it. To accept my consciousness as omniscience means that I must sit in the silence and let my consciousness speak to me through the still, small voice, or the thundering voice that makes the earth melt. . . Furthermore, the pearl that God is individual consciousness consists of the fact that God is omnipotence, and therefore I need no God-power. I am not seeking God, because there is nothing for God to overcome. . . [Omnipresence] merely has to be allowed an inlet and an outlet to this universe, and then the evils of this world are dissolved, because they do not exist as powers or realities. They exist only as mirage, illusion or illusory concepts produced by the belief in two powers.

Chapter: Not Appearance but IS

Topic: *Go Beyond The Appearance To Is*

1963 Instructions For Teaching 2:1; 1954
510, 90

Instead of delving around in what is known humanly about a person and instead of delving around in books to find out what is spiritually known about him, go into the silence. Retreat inside your own being and frankly admit that you know nothing. . . You have to say or admit to yourself that you know nothing about the situation; you know nothing about the person; you know nothing about this claim; and you certainly know nothing about God's kingdom. So you turn to the Father for light, for wisdom, for enlightenment, for peace, and for truth. As you learn to sit in this receptive attitude, into your waiting consciousness comes some assurance. . . After a person has said that he is well or better, you still do not know what happened. You know nothing about the operation of the Spirit in your experience. You only know that with Its assurance comes a measure of release or freedom to you.

A PARENTHESIS IN ETERNITY

Chapter: Living The Mystical Life

Topic: *Losing I-ness In I*

Let us think of ourselves as the ice, and of Consciousness as the water, while we wait in silence and stillness for the movement of Consciousness. In other words, we must wait patiently for the will of God to make itself known; we must be as completely quiescent as the piece of ice.

Chapter: The Basis of Mysticism

Topic: *Release God*

Whether it takes a day, a year, or many years, it is imperative to have those periods of silence until we do hear that still small voice within and feel the Presence and Its power.

Only a few have learned that the power of God is made manifest in silence and stillness.

AWAKENING MYSTICAL CONSCIOUSNESS

Chapter: Our Real Identity

Topic: *Joel*

1954

After I have attained a stillness and silence, I can carry [God's presence] out into the world for a few hours, when again I must retire for renewal of the assurance.

BEYOND WORDS AND THOUGHTS

Secrecy is the womb of spiritual life, and every experience should be taken right into that womb and kept sacred.

The real preparation will come forth from the degree of silence and secrecy in which you maintain yourself, because then you will not be wasting your substance on the air, or wasting it by letting it hit up against the human mind that would like to dispute it, argue with you, and discuss it.

CONSCIOUSNESS IN TRANSITION

As long as that person or his problem keeps coming to my attention, I have to meet it in some way. Now, I can meet it in the absolute, if I am in that high state of consciousness, by realizing the One. Or, if it doesn't satisfy me that something has been done, I may have to close the door of my office and not see the next patient, sit there alone and go into meditation. I may have to sit there alone and go into meditation. I may have to reach the center of my being and call, "Father, reveal thyself! Let me feel the reality of being!" Nothing about that patient or his claim—my mind is stayed on God. I continue in that meditation or in that silence or in pondering God, until the answer comes, until something within me responds and says, "It is done!"—not necessarily in words, but I have the feeling that it is done, or a sense of healing, or a sense of such complete freedom from the person and the problem that even if he called ten minutes later and said, "I am worried," I would pay no attention to it. I have already had my answer. It may take him ten minutes or ten hours before he realizes his healing, but I am done with him. The moment this problem has released itself within me and I am free, the healing has taken place. The person doesn't always realize it as quickly as the practitioner.

Let us say a problem comes to us; it may be our own or it may be that of a patient or a friend. Anyhow, it has been brought to us for solution. It may be a problem of health. Now, you can't take the problem into your meditation but you can take the subject. You can turn in the silence within and say, "Father, this problem or person has turned to me. Let me have light." Then forget the person, forget the problem, and remember that you are only turning to the Father for light on that subject. You are not looking for a solution to the problem—there are no problems. The problem isn't out in the world; the problem is a belief in your own thoughts—let us say, the ignorance of what God is or what Christ is. And so, you are seeking the light on this thing. You are not seeking somebody's good health, but you are seeking the truth about health, harmony, peace and joy.

CONSCIOUSNESS TRANSFORMED

If our students understood *The Thunder of Silence* there wouldn't be a need for a class.

The greatest power on earth is the power of silence.

Secrecy is a spiritual principle. Secrecy is an actual substance that holds within itself your experience, to bury your experience in the principle of secrecy and just let the fruitage appear outwardly. . . Go and tell no man that the *I* of you is God.

Topic:

You cannot reach the realm of God except through silence. Eventually you yourself must adopt the realization that none of the activity of your mind will get you into the kingdom of God. Then you really will be *consciously* conscious, and the first thing you will become consciously conscious of is God, if it is only to instill in you a deep longing.

CONSCIOUSNESS UNFOLDING

Chapter: Peace

1949

Topic: *Peace*

More healings have been brought about through absolute silence than through all the arguments metaphysicians have thought up in the whole history of the world.

Even if mental argument, affirmation, and denial were necessary to us in the early days of our work, we can now leave such forms alone. . . Sit back and, in silence, create a kind of vacuum for God, for the Christ, to rush in.

If we could have silence for the space of half an hour, true silence, we would find ourselves in heaven.

One person, sitting in a room in silence, in a state of receptivity, can have that silence and that peace which he experiences felt by a roomful of people.

If your consciousness is imbued with silence, with peace, then it is imbued with power.

Beginning today, at this very moment, remember: It is your consciousness [when it is imbued with silence and with peace] that does the work for your family, for your business, for your home, for your body. It is not some far-off God.

GOD, THE SUBSTANCE OF ALL FORM

Chapter: Good unfolding as the Activity of Individual Consciousness

1949

Topic: *Consciousness Is Infinite In Scope*

Never again think of Him as something afar off, something that has to be prayed to or pleased in any way.

Think of God rather as the real substance of your being, the very center of your being into which you can reach in silence and bring forth a whole world of harmony, peace, and health.

Chapter: Individual Consciousness as Law

1949

Topic: *No Power Separate From Consciousness*

Error, being only a universal belief, is unreal in any form, and it is dispelled by the power of silence.

LIVING BETWEEN TWO WORLDS

Chapter: Easter, A Rising out of Material Sense

1964 Oahu/maui Series

Topic: *Material Sense Results In Limitation*

Close your eyes and realize that you are not alone inside your own being. In the silence that reigns within, you have access to Infinity. *I*, Infinity, stand at the door of your consciousness and knock. You must open the door of your consciousness and bid it enter.

Chapter: Opening the Door to Infinity

1964 Oahu/maui Series

Topic: *The Power Of Silence*

The greatest power on earth is the power of silence. . . Only when the senses are at rest, can spiritual power be released.

LIVING BY THE WORD

It is only in silence that the works of the Spirit are accomplished. That is why a silent treatment is much more powerful than an oral treatment. An oral treatment is apt to hit up against the consciousness of an individual and bring about rebellion. If you say to a person in pain, "Oh, disease has no power," you can almost feel him bristle as he replies, "No? I wish you were suffering this pain." So your statement has not only not blessed the person, but it has antagonized him and has been a barrier to his healing. If instead, you had simply said, "I will be glad to help you; I will pray"; and then, in your silence realized God alone as power, you would have aroused no mental reaction from your patient, and there might have been some measure of receptivity to it.

LIVING NOW

Chapter: When the Spirit of the Lord Is upon Us
Topic: *Receptivity Is Developed Through Contemplative Meditation*

1963

In that humility of Spirit the silence deepens and we are a complete state of receptivity.

LIVING THE INFINITE WAY

Chapter: meditation
Topic:

1954

Our only need is the realization of the nature of God and God's government. The contemplation of this leads to other and higher forms of meditation and on to higher levels of consciousness. Eventually, we are led to that place in consciousness where meditation is a total silence of thought, a complete state of awareness, in which there is an inner alertness, an inner awakening, a state of receptivity and expectancy, into which flows the realization of the presence of God. Beyond that, we need nothing.

MAN WAS NOT BORN TO CRY

Chapter: The one great demonstration
Topic: *The One Great Demonstration*

1960 Los Angeles Closed Class
301:1

Spiritual awareness is developed in silence, not in thinking, in listening, or in reading.

Chapter: The Prince of Peace
Topic: *Releasing The Imprisoned Splendour*

1962

We must become centers through which the grace of God can escape. . . Our greatest value to the world lies in our periods of silence, secrecy, and sacredness.

OUR SPIRITUAL RESOURCES

Chapter: The New Life By Grace
Topic: *Abide In The Conscious Realization Of Omnipresence*

1960

The way to enjoy God's power is to sit in the silence.

Chapter: The Principle of Nonpower
Topic: *Applying The Principle Of Nonpower*

1960

When we help our students and our patients, we do not give them treatments. We sit in the silence in the assurance of the nonpower of that which is appearing to afflict them. . . We are simply sitting and beholding the nonpower.

SEEK YE FIRST

For young students it is not possible to hold a silent meditation beyond a minute or two. The mind begins to wander, and then it is no longer meditation. It is only meditation in those brief seconds when we are still and listening. The minute thoughts begin to percolate, the meditation is over. Only one second of complete silence would be enough. That lets the Spirit in and lets It function!

SHOWING FORTH THE PRESENCE OF GOD

Chapter: The spiritual Life
Topic: *Are We Willing To Pay The Price?*

1951 Second Portland Series
603 3:1 &2

The purpose of this work is to overcome the world, not improve it, but overcome it. So in our periods of silence, we might as well begin to overcome the world within our own being by dropping concern for it and having our moments of communion with the Father within. Soon, something happens in our meditation. After we acquire the ability to leave the world with all its worries and troubles outside and find this inner peace, there comes with it also an unfoldment from within that in one form or another assures us of God's presence.

SPIRITUAL INTERPRETATION OF SCRIPTURE

Chapter: The True Sense of the Universe
Topic: *(the True Sense Of The Universe)*

1947

Become conscious in the silence of your Soul powers.

Chapter: Treatment
Topic: *(treatment)*

1947

The Word itself in Silence is our very Life.

THE ART OF MEDITATION

Chapter: Meditation: The Experience
Topic: *Fear Not*

1956

Have the courage to look at every person and circumstance that you consider harmful or destructive. In the silence, face the situation fearlessly; face the condition or the person and you will discover that it—or he—is an image of your own thought; and, therefore, there is no cause, jurisdiction, or law to support it. Recognize God as the Soul of every person and God as the activity in every situation.

THE CONTEMPLATIVE LIFE

Chapter: Meditation on Life by Grace
Topic: *Meditation Of Life By Grace*

1961 L

God reached through silence not teaching

The greatest spiritual blessings that can come into your experience are not brought about so much by what you know of truth as by the degree of silence you can maintain. . . silence is far more valuable than all the speech and all the teaching than can be given.

THE EARLY YEARS (32-46)

Chapter: Mind and Its Idea One
Topic:

Silence the action of the brain and personal will, and let your consciousness be flooded with the reality of your being, your true selfhood, the Christ or Son of God, which you are.

Healing is not difficult when we once know that we are not trying to heal a body or improve man or change him, but that we are trying only to establish in our consciousness the awareness of the peace that is already there, awaiting our recognition. Then, let us take "peace, be still" for our Word, let us "seek peace" within us; let us realize the presence of peace in our consciousness. In the silence of the night when you are awake, realize peace within you. Peace is a great healer. Do not seek healing, seek peace; the healing is the "added thing."

THE FOUNDATION OF MYSTICISM

Chapter: living the healing principles

1959

Topic: *Overcoming Mesmerism Sense*

After the contemplative meditation or the treatment, there usually follows a few moments of this silence, this peace. No words, no thoughts, just complete stillness. Usually it will last for a few minutes and then end with a deep breath, or a feeling, sometimes a message. Oh, it has an infinite variety of ways of ending. But the whole idea is that this latter meditation is your actual communion with God. The contemplative meditation is really your conscious knowing of the truth, or treatment. But when you've gone beyond words and thoughts, then you are in the stage of complete meditation, silence and stillness.

THE INFINITE WAY LETTERS 1955

Chapter: Higher Views of God, Prayer and The Self

1955

Topic: *Conscious Union With God*

. . . to remain in the silence without thought. . . the most difficult part of all spiritual living.

Chapter: The Invisible Nature of Your Live

1955 Kailua Study Group

Topic: *In Quietness And In Confidence*

117:2

The Silence is the creative principle of all existence.

THE INFINITE WAY LETTERS 1956

Chapter: Contemplative Meditation

1955 Capetown Series

Topic: *The Middle Path*

704:1

As we wait in this silence. . . there comes the unmistakable certainty of God's presence—a feeling that this that we have declared and acknowledged is true.

Chapter: God is The Soul of Man

1956

Topic: *Part Two*

In the silence, speak to the Soul of your children, and even of your pets, and notice how they respond to the Word of Truth.

Chapter: Scriptural Principles

1955 Kailua Study Group

Topic: *The 147th Psalm*

119:1

As you open consciousness in the silence, pondering that one statement [of truth], another will come to mind, and another, and soon you will discover that it is not the truth that you know—*this is the truth that God knows!*

Chapter: The Demonstration of God

1953 First Portland Class

Topic: *Spiritual Power*

37:1

The spiritual power inherent in all men. . . is realized only in proportion as material and mental force is relinquished—and silence is attained.

THE INFINITE WAY LETTERS 1957

God's power flows through individual you and me in proportion to our creating a vacuum, a silence through which it can flow.

The language of the Spirit is silence.

Only in that deep, deep silence of an illumined Soul are the secrets transmitted to the Soul of the student who has prepared himself by dedication. . . to the demonstration of God.

Sit in the silence, and behold the presence and power of God as It operates in human affairs.

THE INFINITE WAY LETTERS 1958

If I were to spend the entire hour or two in silence, the class would be successful because we would be so attuned to the one infinite Wisdom that we would receive divine impartations.

A closed class is an opportunity, after weeks and months of meditation and communion, for sufficient silence so that God may give us a message that is new and fresh today.

THE INFINITE WAY LETTERS 1959

Ask for guidance and direction and, above all, for understanding in [your] reading, and then let that asking be followed by a few moments of complete silence to let the Spirit take hold.

With continued practice, it becomes possible to settle back into that stillness almost at will. And yet. . . there may be times when it may take a whole hour of dwelling on the letter of truth before silence is attained.

That does not necessarily mean an hour of sitting trying to force this silence. It may mean one, two, or three minutes of sitting, waiting, and then getting up and walking around before settling down to try it over again—or reading for a short period of time and then returning to it.

THE MASTER SPEAKS

Greatest secret in the world is silence.

THE MYSTICAL I

As I sat in meditation these words came to me, "the womb of Silence," and with them it was as if there were a tremendous silence, large and round, and this was the Womb out of which all creation came. There was not a man, but there was a universe: the earth, the rocks, the trees, streams, seas, skies, suns, moons, and planets—all this flowing forth as an unfoldment from this huge Womb of penetrating, complete stillness—yet more than stillness: absolute silence, quietness. It moves as a rhythm, and this rhythm not only forms it, but sustains creation with everything in its rightful place.

When anything goes wrong in our experience, it is because we are out of tune with this rhythm [flowing forth from the womb of Silence].

God does not reveal Himself lightly, or for selfish purposes, or to those who would use God. . . Be still and know that *I* in the midst of you am God. Be still and let the rhythm flow from that Silence within your own being, and then follow it with the act of commitment that aligns you with the people of this world.

You can see the importance of meditation, a meditation which is not a stopping of thought, not a deadening of consciousness, nor an escaping from the world, but a meditation in which the darkness or the silence is so great that you can look through it and see the whole of infinite Consciousness behind you, ready to pour Itself forth into your expectant inner ear as you invite It to "speak Lord, for thy servant heareth."

Do not make the mistake that many of those on the spiritual path have made. Do not permit yourself to lapse into blind faith. . . do not have faith in "ye know not what," for this is dangerous. Therefore, when you are in the silence in the presence of God and you are expecting this rhythm of life to flow forth through your consciousness as harmony in the outer world, be sure that you have a reason for your faith. That reason is that we have come into the awareness that *I* is the name of God. We have agreed that that is why we can be still and know that *I* in the midst of us is God.

The only form of prayer acceptable to God is absolute silence, a relaxing and a resting in the conviction of God as Omniscience, Omnipotence, and Omnipresence.

Remember this, and never forget it: no man on the face of the globe can perform a miracle except the miracle of silence.

God is individual consciousness. That is why we sit in silence with a listening ear, without words and without thoughts, in the presence of the *I* that I am. Out of that still consciousness comes the Word that is power. . . Learn to sit in an attitude of respect, love, and gratitude before the door of your own consciousness. . . Do you not see that *I* can enter only as you settle into this peaceful, quiet listening before the door of your own consciousness?

Above all, you have a moment of silence, so that in that silence the voice of God may thunder. This is the most precious gift in all the world. You have emptiness. You bring to God every day an empty barrel, an empty consciousness, praying:

Fill me today with all Thou art. Fill me with Thy Soul, with Thy Spirit, with Thy grace that my presence on earth may glorify Thee, that my presence on earth may show forth Thy glory, "with the glory which I had with thee before the world was," the original glory of divine sonship.

Silence is your resting place. Silence is your abiding place, your living place. Live and move and have your being in silence, and then the still small voice will utter itself and live your life.

THE THUNDER OF SILENCE

Chapter: From Darkness to Light

1956-58

Topic: *The Two Covenants*

Silence is a state of consciousness which enables us to refrain from mental reaction to what is seen or heard.

Chapter: From Law To Grace

1956-58

Topic: *The Still Small Voice*

"The battle is not yours. . . stand ye still, and see the salvation of the Lord." This standing still is not only a refraining from physical and mental power, but from spiritual power as well—a complete relaxing in an ocean of peace. . . The enemy destroys itself and disappears out of our experience—evaporates and dissolves—whether that enemy is a fever, a person, a nation. We need not fight or struggle with it or with him: We need only be still. We are aligned with a power that is not a power; we are achieving victory without force. We do not even use spiritual force, but our stillness permits spiritual force to use us. Ours is a refraining from power in a Silence which thunders: "*I am God; therefore, you be still and rest, for I will be with you unto the end of the world. You rest, relax, and be silent.*"

The only effective and potent weapon against the powers that would destroy the world both physically and mentally is the Silence which comes of the conviction that there is a Something that created this universe and is responsible for maintaining it unto eternity—it is the ability to relax in Silence and let that Something perform Its function. In that Silence we find Allness. In that quietness and confidence, we find our strength and peace. That is our Sabbath, the complete and perfect universe of the first chapter of Genesis in which we rest from all power. . . Rumbblings of the thunder of the deep Silence of *My* peace reverberate and increase in power until eventually they break every barrier. The mighty noise of the Silence grows in volume until its thunder rends asunder the veils of illusion and God stands revealed in all His majesty, glory, and peace.

If we sit in a complete quiet in the thundering Silence, and keep our "mind stayed on Thee," eventually we arrive at a place where thoughts do not come any more and, in a few moments, we begin to feel this inner peace that is known as realization.

So it is that every spiritual healing is the result of one individual sitting in the Silence, quietly, peacefully waiting, and then the Spirit comes through the consciousness of that one—the voice thunders in the Silence, and the earth melts. We become that one in proportion as we learn to be *nothing*, to be still, and to let that Light act in us and as us.

Chapter: From the Unreal to the Real

1956-58

Topic: *Transcending Mind*

We look at the creations of God through the instrument of the mind, and the forms we see take on the color and complexion of the mind interpreting them. When a person comes to us and says, "I have a diseased body" or "I have a sick mind" or "I have an empty pocketbook," he is beholding creation through limited, finite, material sense; but if we ignore what the person is seeing, feeling, and experiencing and realize that our mind is but an interpreter and if we can become sufficiently still so that the true picture can register, then out of the Silence we may hear, "Thou art my Child, my beloved child, in whom I am well pleased" or "This very place is the kingdom of God" or "All that I have is thine." In other words, there comes an assurance from within that the scene, as mortal sense interprets it, is incorrect; and in the Silence what is actually there is revealed to us. Thinking cannot make anything true; but in the inner Silence, which is a listening attitude in which we are taught of God and in which God utters His voice, the earth melts—sin, sickness, and all lack disappear—and God imparts to us that which is. Only in the realm of being are we outside of thoughts where *IS*, is.

We do not have the capacity to think God's thoughts, but when mind, in rising above thought, has been transcended and Silence supersedes thought, God can utter His word through us. When we are able to rise above the realm of thought to that high place where we have no opinion whether anything or anybody is good or evil, but are willing to be a perfect transparency for the instruction of God, then God speaks in our ear and shows us the spiritual reality which exists right where that "man of flesh" who "cannot please God" appears to be; but in that instant when God speaks, the man of flesh is transformed into the Son of God and is immediately returned to the Garden of Eden where he is now the Son of God living under God's government.