
A MESSAGE FOR THE AGES

Chapter: Infinite Way Pearls

Topic: *Nothing Can Be Added To Infinite Consciousness.*

1963 Instructions For Teaching The Infinite Way 1:2,
509, 511

What is real is in God-consciousness, and if it is in God-consciousness, it is in individual consciousness. Students must become consciously aware of the truth that since God is their consciousness, they already possess infinity and can close their eyes, turn within, and draw it forth. The kingdom of God is within you, so if you want anything, go within.

Chapter: Infinite Way Protective Work

Topic: *Do Not Give Students Or Patients Human Advice*

1963 Instructions For Teaching The Infinite Way 6:2
550

Specific charges, however, must be made for teaching. If there is not a specific charge for a class, everybody in the city would be in the class, and all they would be doing would be holding back the level of the class because they are not seriously interested in the teaching. There should be fees for teaching in classes and even for teaching individuals until such time as a person grows to that point where he understands the nature of the work. Then there is no use putting any price on teaching because the student has already reached the place where that is not necessary. I have not had any charge for teaching work of an individual nature or with small groups, because in one way or another, students have a way of expressing their gratitude. But when I am giving classes for the general public, there is always a charge, whether it is a one-night, two-night, or a full six-night class.

Chapter: Now I See

Topic: *The Law Of God Is Forever In Operation*

1963 Instructions For Teaching The Infinite Way 4:1
509

One of the reasons for the lack of healing is the belief that God is going to do something to the error. So you are waiting for something that cannot happen; you are waiting for a God-power to do something. . . You cannot bring God into action. It is not your prayers that bring God-power: the God-power is omnipresent, and your prayer is but the connecting link. It is like turning on your radio. Simply turning it on does not create any program. By turning it on you merely tune in to the program already in progress. So it is that anyone waiting for God to do something is wasting his time. God is not going to do anything a minute from now. Whatever God is going to do, God is doing, and God has been doing since the beginning of time.

A PARENTHESIS IN ETERNITY

Chapter: Attaining The Mystical Consciousness

Topic: *Self-surrender*

Spirituality cannot be added to a vessel already full of materiality.

Chapter: Living The Mystical Life

Topic: *Losing I-ness In I*

The beginning of wisdom is the understanding that all that we are seeking is already established within us, and that we are seeking only to bring it forth from within our own being.

Chapter: The Basis of Mysticism

Topic: *Release God*

To pray without ceasing is to rejoice all day long that the grace of God is working in us and through us without our telling God or pleading with Him, without our asking or desiring anything from God because he has already given all good to us, and we have only to be still to realize it and show it forth.

We can know Omnipotence, but we must know *Omnipresence* to put the seal on it. We can know that God is infinite, all-power, all-good, all-life, all-wisdom, but then we have to conclude with, "And I am the presence of that. That constitutes my being. That which I have just declared about God is the truth about me. Since I already am the presence of God, I do not have to look for any more God-power than I already embody."

AWAKENING MYSTICAL CONSCIOUSNESS

God is already eagerly waiting to reveal Itself.

Your consciousness knows deep down in your heart you already know nobody wants truth except those who are willing to work, sacrifice, give, live, and die for it.

The Christ is something already within us, waiting to catch our attention.

Because God is your consciousness, your consciousness is already full and complete; it has in it now all the truth you will ever need until the end of time.

BEYOND WORDS AND THOUGHTS

We do not live by money but by the grace of God, and that Grace is already within our consciousness because God constitutes our consciousness.

CONSCIOUS UNION WITH GOD

Only realization needed: Thank you Father, I already am.

No one can give you anything that is not already part of your consciousness; supply.

CONSCIOUSNESS IN TRANSITION

As long as that person or his problem keeps coming to my attention, I have to meet it in some way. Now, I can meet it in the absolute, if I am in that high state of consciousness, by realizing the One. Or, if it doesn't satisfy me that something has been done, I may have to close the door of my office and not see the next patient, sit there alone and go into meditation. I may have to sit there alone and go into meditation. I may have to reach the center of my being and call, "Father, reveal thyself! Let me feel the reality of being!" Nothing about that patient or his claim—my mind is stayed on God. I continue in that meditation or in that silence or in pondering God, until the answer comes, until something within me responds and says, "It is done!"—not necessarily in words, but I have the feeling that it is done, or a sense of healing, or a sense of such complete freedom from the person and the problem that even if he called ten minutes later and said, "I am worried," I would pay no attention to it. I have already had my answer. It may take him ten minutes or ten hours before he realizes his healing, but I am done with him. The moment this problem has released itself within me and I am free, the healing has taken place. The person doesn't always realize it as quickly as the practitioner.

Topic:

The mind that was in Christ Jesus, which is the universal, spiritual mind, is already an infinite, eternal mind or consciousness and it is always there and it never becomes illumined. But as you individually receive illumination, that which we call your ignorance is dispelled and that mind which was in Christ Jesus is now your very own mind.

Chapter: Making the Adjustment

1948

Topic:

Our reading will not make error any less error than it is. It is already nothing.

Chapter: Opening Consciousness to Truth

1948

Topic:

Now, always remember this: Nobody can ever give you anything that isn't already a part of your consciousness. Therefore, nobody is up here giving you anything. He is unveiling it for you—it is within your own consciousness.

Chapter: Prayer and Receptivity

1948

Topic:

Our argument is not aimed to change or heal or improve someone out here. It is aimed to bring to our souls the assurance and awareness of the already existing perfection out here.

Chapter: Student and teacher

1948

Topic:

Once we have the understanding that our consciousness is the causative principle of our universe, then we know that no matter what we do, this universal consciousness is ever producing and reproducing—just as the law in an orange tree is continuously producing and reproducing oranges. No matter what we do with the world of effect, the consciousness which is its causative principle, substance and law, is forever producing and reproducing. It is not creating. It is just unfolding, like the moving-picture reel unfolding the entire picture. The picture is already there on the reel; it is only unfolding it to our view.

CONSCIOUSNESS IS WHAT I AM

Chapter: Invisible Life Fulfills Itself Tangibly and Visibly

1969 L

Topic: *The Consciousness Of Now*

Since God is infinite and constitutes our being, our very being contains within itself everything that we shall ever need from now unto eternity. All we have to do is to stop trying to acquire or attain, and to let that which is already embodied within us appear outwardly as form.

Chapter: The False And Right Sense of I

1951-1954

Topic: *Realize God As Individual Being*

Miracles happen when "I" does not enter in. When somebody calls on us for help and we can realize that there is no such person, that there is no such "I," the healing has already begun. . . The only *I* is God, and It does not need healing, teaching, or enriching.

CONSCIOUSNESS TRANSFORMED

Chapter: An idea whose time has come

1963

Topic:

We must reach the place where we can dedicate ourselves to something higher than our own interests. . . [and] dedicate some portion of our time to the cause of God's kingdom being established on earth—holding to the vision that has already entered human consciousness.

Topic:

Whenever you are going through a period of unhappiness, illness, lack of peace, [lack] of prosperity, or frustration, remember that this has nothing to do with your outer world. You will be tempted to believe that the external world is causing the difficulty, but this is not so at all. If you can discern that this represents a battle going on within you, you will quickly achieve victory just through the ability to discern that no person or condition or situation is doing anything to you. This is a battle within you in which your higher self is seeking ascendancy over the mortal sense into which you were born. . . Then you will find that this outer world is already heaven.

Chapter: communication of Oneness

1964

Topic:

You have to remember that when you meditate, pray, or treat. . . you must start out with this realization: Since omnipresent omniscience already knows everything, you cannot inform Deity, you cannot tell God, you cannot ask anything of God, you cannot desire anything because you are always faced with omnipresent omniscience, the all-knowing. . . With no communication on your part to God. . . you let it function. When you have arrived at that place of recognition that God is on the field, you are a beholder and you are then curious about tomorrow and you awaken with this sort of an idea: "What hath the Lord done for me today?" . . . You begin a whole new activity in consciousness, that of a complete settling into omniscience, omnipresence, omnipotence and then letting it function.

Chapter: I and My Father are One

1964

Topic:

Realize: "In this invisible *I* that I am is embodied my life and everything needful that pertains to that life. I do not have to go anywhere for it, because it is already *embodied* in the *I* that I Am." Review several of the principles that may come to your thought, but the following is the important part: Settle into a listening attitude. . . Let the inner ear be open. Just let that peace be upon you until you feel the period is ended—two minutes, three minutes, five minutes—and then get up and go about your business. . . You have made room for the spirit of God to awaken in your consciousness. Then it will do its work in you and for you and through you and before you. If any human wish or desire enters. . . you have lost the benefit of it because you have separated yourself from the conviction that only God performs in you and through you that which God ordains.

Chapter: Nothing Can Be Added

7/27/1963

Topic:

The mystical life. . . is a continuous realization that "I already *am*." I am not going anywhere, nor am I going to attain more of God than I have, more of good than I have. I am rather abiding in the Word: "All that the Father hath is mine. I am all that God is."

Ever since I have had the copy of *The Contemplative Life*, I have not been able to stop reading it. I cannot truthfully say I am learning something from it, and I do not claim to be learning something new. But, after many years of study, the time must inevitably come when you read just for inspiration, for a depth of consciousness of that which you already know.

Chapter: Omnipresence

1964

Topic:

Think! If *I* am God, this *I* is already closer than breathing; and because we have discovered that its nature is omniscience, the all-knowing, it must already know your needs. Its nature is omnipresence so you need go nowhere to contact it, and because it is omnipotence there is no power to oppose its will. What else is there to do but be still! If your child were ill or in trouble, what greater love could you display than to sit down, be still, and let the presence of God do its work, let the love of God be made manifest, let the power of God flow? Do you not see how egotistical it would be to go further and do something for your child, your patient, or your friend?

CONSCIOUSNESS UNFOLDING

Chapter: Questions and Answers

1949

Topic: *During Meditation Affirmations Or Single Idea?*

The outer world is already spiritual and perfect. It is already the manifestation of Consciousness, but we are seeing it through a glass darkly.

GOD FORMED US FOR HIS GLORY

Chapter: Holy Ground

Topic: The Function of the Christ

Any prayer that some good can happen or come to you or that anything can be added to you is a waste of time and effort. All that the Father has is already yours. What more do you want? Only one thing more: the realization of that. You do not want to get happiness: you want the realization of the happiness that is already within you. You do not want to get supply: you want the realization of the spirit of God which is supply. You do not want health: you want a realization of the Christ at the center of your being.

GOD, THE SUBSTANCE OF ALL FORM

Chapter: Building the New Consciousness

1949

Topic: *Learning To Meditate*

No truth is going to be given you from without which you do not already know, but the light presented on that truth from within your own Soul makes it applicable in your experience.

Chapter: Treatment as the Consciousness of Truth

1949

Topic: *The Healing Consciousness*

The only purpose of treatment, the only purpose of prayer, is for us to become consciously aware of the perfection which already exists.

LEAVE YOUR NETS

Chapter: Hidden Manna

1953 First Portland Class

Topic: *Hidden Manna*

37 1; 33:1

Do not believe that you can either bring about the flow of God or prevent Its flow. It is already full and complete within your being, awaiting your recognition of your fullness in Christ. Though your sins be scarlet, you are white as snow. Only do not go back; do not sin again; do not go back to the belief of a sense of separation from God. Do not go back to seeking your good from outside because after you have learned that the kingdom of God is within you and that you must let it flow up from the within to the without, if you then again go seeking it without, you create a deeper sense of separation than you ever had before. Do not do it! Do not go back! Do not go back! "Go, and sin no more."

Chapter: Knowing the Unknowable

1953 First Portland Class

Topic: *Knowing The Unknowable*

37 1:1

Nothing can be added to you: not even truth. Therefore, the only truth of which you can ever become aware is the truth that is already within your own being.

Some of you are still seeking health, and I can tell you that you will never find it. Health is already established within you, or else there is no God. What would you think of a God who had the power to give health to you and was withholding it from you? Personally, I cannot believe in a God who has that power, and yet withholds it until I find the right words with which to pray, or the right medicine. No! No! God has established within His son health, harmony, wholeness, and peace, but we have missed the fruitage of God by looking for these outside our own being: in medicine bottles, in prayers or treatments. They do not exist out there. Wholeness, harmony, completeness, perfection, all are within you. You must find some way to open up an avenue for these to flow out from you.

LIVING BETWEEN TWO WORLDS

Chapter: Becoming Instruments of Grace through Reconciliation
Topic: *Light Bearers*

1964 Oahu/maui Series
548:2

Let us never be tempted to believe for a moment that we will receive God's grace tomorrow. Let us never believe that our student or patient will receive God's grace after we give a treatment, pray, or meditate. No, our wisdom consists in knowing that those who turn to us are already under God's grace—not that our prayer is going to establish God's grace.

Chapter: The Power and Dominion
Topic: *Life More Abundant*

1964 Portland Special Class & 1964 Oahu/maui
552:2 or 549:2

You dare not go to God even for supply because you already have *I*, the Spirit of God, in the midst of you.

LIVING BY GRACE

Chapter: Freedom In God
Topic: World Work

The Infinite Way principle of prayer and of supply is that you cannot pray to God for something to be added to you, sine you are already the fullness and the completeness of God made manifest and all that the Father has is yours. You must acknowledge this and begin to open out so that the flow of God can go through you to this world that does not yet know this Truth. My mission, then, is to ask of you three periods of meditation every day for the world. These three periods of meditation are in addition to your periods of meditation for yourself, your family, your patients, and your students. These are three periods of meditation that you as part of The Infinite Way offer to me for the world.

Chapter: Message to Teachers on the Spiritual Path
Topic: Consciousness of Truth

Healing work is a matter of a state of consciousness. It is not a question of knowledge... I have had students go through a dozen classes with me, and they cannot heal. On the other hand, I have had some students go through only one class and do fine healing work. But those students had already developed a consciousness and were prepared for it.

Your real temptation will come after the first illumination, although you may think such temptations are already behind you. There are many forms of temptation: the temptation to make miracles in order to get supply, the temptation to glorify your ego, the temptation to show forth how spiritually powerful you are, and so on. Until you are faced with it, you will never know what a great temptation it is to use some human means to overcome some lack you may experience. You know very well that if you do resort to human means, your hand will fall off, because relying on human means is a form of looking back, and you may turn into a pillar of salt!...So let us not succumb to human temptation. Whatever form of temptation comes to you, recognize it for what it is and it will pass by.

When the inner unfoldment came to me that I did not know God, I remember I found it quite insulting. I thought I had a very good idea of God. When the Voice told me I did not know God, I was already in the healing ministry and was achieving some measure of success in it. But when the Voice tells you something, there is no use arguing with *It* because *It* knows best! There was only one thing to do, and that was to acknowledge that I did not know God aright.

LIVING BY THE WORD

In being confronted with any problem, whether our own or another's, let us have no resistance in our mind, no desire to refute, to deny, to overcome, to rise above, or to destroy—just that calm peace. Because we have acknowledged God as the only creative, maintaining, and sustaining Principle, we know there is no other power, so we need not invoke any power for any purpose. When we are in meditation and are not struggling with a problem, we are not then trying to overcome it, destroy it, or rise above it. If necessary, we are looking right at it and not even needing God, since we know that God already is. Then we are loving God with all our heart, because we are giving *It* utter supremacy and not acknowledging that there is something we want *It* to do something to.

Thank you, Father; I already am. There is nothing to be desired; there are no changes and no adjustments necessary; there is nothing to be patched up or fixed up. Every moment Thou art my Grace, so even without my planning or taking thought. It flows and produces the manna as it is necessary: the manna of companionship, satisfaction, joy, money, transportation, or whatever is needed according to human belief.

Should any temptation present itself to us that we need anything—an idea, a dollar, a home, a job—we are going to answer it with "I have meat; I have bread; I have wine, I have inspiration; I have meat the world knows not of. I have a source of inspiration. I have my oneness with God. I have my supply within me. I have a supply within me that the world knows not of. Already the kingdom of God is established within me, the wholeness of God, the allness of. Then relax in that, and watch what happens in the outer experience.

LIVING THE ILLUMINED LIFE

You would have thought that [Jesus] was immune to the lure of power, fame, or of wanting to use thought in order to turn stones into bread. You would have thought that at that stage he was already perfect. But that could not have been, because a perfected soul could not possibly have been tempted.

LIVING THE INFINITE WAY

Since God is omnipresent, all good is right where we are. To admit a lack is to deprive ourselves of the abundance that is already ours, and by admitting the lack, we deprive ourselves even of the little that we may have at hand. To acknowledge that we already have all that the Father has, whether or not it is visible or immediately available at the moment, is to acknowledge the truth of "Son, thou art ever with me, and all that I have is thine," and that is enough to enable us immediately to start giving, spending, and serving, and in that release the flow of supply would begin.

A recent letter from a student stated that a neighbor had asked for help, and that her first thought had been, "Oh, if I could only know the presence of God," and immediately the Voice said, "Stop seeking; God is already here." . . . Always that must be our first realization whenever we meditate or seek communion with God. Whenever we seek access to God, the very first thought we must entertain is that God already is where we are. . . Any belief that we must *do* something, *think* something, *pray* something, or even be good or worthy in order to attain God, would separate us from our good experience. . . The omnipresence of God is a divine relationship that has existed from the beginning of time, and so our work is not to seek God or to try to find God. Our work is the quiet contemplation of God's presence within us, and our prayer is the realization that there is no place where we can ever become separate or apart from God.

MAN WAS NOT BORN TO CRY

Chapter: Breaking the Bonds of Humanhood
Topic: *Across The Desk*

1962

The mystical revelation is that *I* already am. *I* am not going to be. . . Whereas we thought we were human, we are now learning that we are divine; whereas we thought we had a life of our own, we are now learning that God is our life.

There is no supply out here at all. All supply is embodied within our consciousness. . . Supply is infinite. We can never increase it; it is already all that the Father has.

Chapter: Christ Raised from the Tomb
Topic: *The Work Of The Initiate Is Enlightenment*

1961 Hawaiian Village Open Class
441:2

We shall discover that even the small measure of light that we have become is already having an effect upon our families.

Chapter: The Spiritual New Year
Topic: *Recognize The Presence Within*

1960/61 Christmas & New Years Waikiki

Even though in reality God constitutes our consciousness, and we therefore already possess the full and complete perfect spiritual consciousness, this is of only demonstrable availability in proportion to our awareness of that truth.

Chapter: Withinness
Topic: *You Carry Your Good With You*

1960 Chicago Open Class
322:1&2

Remind yourself daily of the truth of Withinness, that all good is already within you, never to be achieved but only expressed.

It is not your becoming more loving that makes love operate for you. It is the realization that the nature of God is love and the kingdom of love is already established within you.

OUR SPIRITUAL RESOURCES

Chapter: Begin Prayer with the Word God
Topic: *God Is The Life Of Individual Being*

1960

We are studying not to bring God into our experience or to find God, but to have our eyes opened, to be awakened to the truth that now already are we the sons of God.

Disregard the ominous international news because peace [has] already taken place. . . Even though it is a tangible experience in consciousness, the press cannot report this spiritual awakening because it is not yet visible in form.

Ultimately, the peace which has already been established in consciousness will be manifest on earth.

Accept the principle that your good is the gift of God by Grace, and that the substance of your good is already intact, infinite, and complete within your own being and will unfold from within you.

If I wanted to compose music or write a book or a play, I could best bring the activity of the Christ into my experience, first, by consciously realizing for a few moments that the substance of this new form is already within my own being, that it is mine as the gift of God, and then, by becoming very still, very quiet, and very peaceful in the assurance that this idea will become flesh in the form of notes or words, and, thereby, tangible in my experience.

The way to harmony. . . is not found by invoking a God-power, because this God-power already is omnipresence, Omnipotence, omniscience. It is already active where we are.

SHOWING FORTH THE PRESENCE OF GOD

In our materiality we have built up within ourselves even a materialistic faith in God, because the very belief that God will do something for us is a materialistic belief. God will not do anything for us; God constitutes our very being. Our realization of this, coupled with the realization of the nature of God changes our lives. Eventually, we come to understand that the nature of God is the nature of our being. . . It is not to be gained; it is not to be won; it is already ours as His gift.

The allness of God is made manifest as the allness of the son. God is both the Father and the Son: God, the Father, knowing the truth, and the truth will make you free, free from discordant appearances or experiences. But the truth you must know is that nothing can be added to you, that you cannot get anything, you cannot achieve anything, and you cannot demonstrate anything because all that the Father has is already yours. The life of God is your life; therefore, your life is eternal. The mind of God is your mind; therefore, you have infinite intelligence. God, the Soul, is your individual soul; therefore, you are as pure as God. Outward appearances have nothing to do with it. Outward beliefs about yourself or others have nothing to do with it. Outward actions in contradiction to that have nothing to do with it. . . In your spiritual identity, you are the full Christ or son of God, endowed with the power to multiply loaves and fishes, heal the sick, raise the dead, and open the eyes of the blind. . . Your acknowledgment of this is knowing the truth that will make you free from human beliefs, appearances, theories, and rumors.

You must cast your bread upon the water if you want it to come back to you, and you must acknowledge that you already have within your consciousness the allness of God. . . If you do not acknowledge that God's wisdom is your wisdom, you will never be able to open your mouth to utter truth. If you do not acknowledge that God's supply is yours, you will never be able to open your pocketbook and let the substance of the millions and millions of dollars that are in your consciousness flow out. You do not see them because they appear only in the order of your use of them.

You can never reach God, so you might as well stop trying. The reason you can never reach God is that God is already at the center of your being, and even more than that, God already is your very life, your very soul, your very consciousness. How can you reach your own life? You *are* your own life; your life *is* you; it is all one. There is no twoness. You cannot reach up to God; you cannot reach down to God; you cannot reach within to God. God already is established as the very life of your being.

God already is about Its own business of beautifully, harmoniously, permanently, spiritually, and immortally maintaining this universe. Your acceptance of a law apart from God, even your acceptance of the belief that your sins are separating you from your good, is enough to stop the flow in your direction. It does not stop God's flow; in fact, nothing ever stops God's flow. It merely stops It from operating in your experience. That does not give you the privilege of sinning, because the Master reminds you that while there is no condemnation for your sins as long as they were performed in ignorance, now that you know, you must "go, and sin no more."

Chapter: The Substance of all Good
Topic: *God-consciousness Individualized*

1951 Second Portland Series
602 1:2

To understand God as our individual consciousness is to understand the entire universe to be but forms and activities of our consciousness and subject to the divine consciousness, which is God but which is also our individual consciousness. Then we will never find ourselves separated from any form of good, for it is God's good pleasure to give us the kingdom. As matter of fact we already have It; It is embodied within our consciousness.

SPIRITUAL DISCERNMENT

Chapter: The Infinite Way of Life
Topic: *Importance Of The Listening Ear*

1962 Pacific Palisades Special
465 1:1

Now here where you are, God is. The kingdom of God is within you. The Father has promised that all that He has is yours. Then what is wrong if you are not experiencing it? You have not been still enough to accept it. So you learn to have one or a dozen periods a day of stillness in which you recognize that since God is already the all-knowing, you are not going to try to tell God anything, and since God is omnipotent, you are not going to try to influence God. Since God is love, you are going to be still and know that *I* in the midst of you is God and that *I* will never leave you, *I* will go before you to make: all things right. Then be still. Be still, if it is only for thirty seconds.

As you proceed through life, a tremendous change has to take place within you as you learn to refrain from reaching out for a God-power. You have to refrain from any such reaching out because of the word *is*, or the word *am*. God is; I *am*. In that statement there is no such thing as "I will be" or "I might be after a certain number of treatments or prayers." You must have a total change of consciousness to where you can declare, in spite of all appearances. "Thank You, Father, I already *am*." That is difficult, because you may be facing Pharaoh's army in back of you and the Red Sea in front of you. You may be facing a whole multitude to be fed. You may be facing three temptations in the wilderness, or you may be facing Gethsemane. In spite of all appearances, you have to abide in *is* and *am*. God *is*, therefore I *am*, for I and the Father are one. It is God's *is-ness* that constitutes my *am-ness*.

There are some persons who will find it very beneficial to make themselves a part of a group for a long, long time. until their consciousness has sufficiently developed so that they can stand alone for longer periods. There are others who have already come to a point where they can be more and more by themselves. and come out only occasionally to unite with some group that is definitely high in consciousness. Follow what will deepen and enrich your own consciousness.

SPIRITUAL POWER OF TRUTH

Chapter: God's Grace Is Yours
Topic:

It is not wise to [prophecy] for the public because if you tell them something about next year that they do not already believe, they will crucify you for it.

Chapter: The Christ of Being
Topic:

This is what happens on the spiritual Path. Day by day we break some fetter of human experience and we drop some phase of humanness. We make that transition to where our prayer now is a benediction to the world, to where we are no longer praying that we receive anything but we are praying, "Father, forgive our enemies, they know not what they do. . . In other words, we have made an about-face and we are no longer sitting at the feet of the Master. We now *are* the Master, and we are healing the multitudes, freeing the multitudes, and feeding and forgiving the multitudes. We are now the Christ Consciousness, and we seek nothing for ourselves, because we know that "all that the Father hath is already mine." Now our whole life is pouring forth God's Grace to this world, but not in the form of throwing our pearls before swine to be trampled on. We do it silently and secretly. Our praying is done in secret!

THE 1954 INFINITE WAY LETTERS

Chapter: The Realm of Spirit
Topic:

The thinking mind of the world has not realized what God could give once it stopped limiting its seeking to an increase of that which it already has.

THE ALTITUDE OF PRAYER

Chapter: Pray Without Ceasing
Topic: *Practicing The Presence*

1968 L

Omnipresence: whatever you are thinking of is already present.

THE ART OF MEDITATION

Chapter: Meditation: The Practice
Topic: *The Way*

1956

In spiritual wisdom there are no pairs of opposites. God is, and, therefore, there is no concern as to whether or not we can reach God, because there is nothing for which we need to reach God; the day is already beautiful; the fruit is already on the trees; the flowers are already blooming; the tides are flowing; the sun and the moon and the stars are in the heavens; harmony is.

THE ART OF SPIRITUAL HEALING

Chapter: Spiritual Healing: The Principles
Topic: *Is God A Servant?*

1956

The nature of God is such that what God is not already doing God cannot do and could not be induced to do. If God manifests as individual being, then harmony already is the truth about every person.

The kingdom of God. . . is not to be achieved; it is already within me

Never again will we seek anything that is already in the world of effect.

All already exists at the standpoint of fulfillment, so there are not desires, there is no future.

THE CONTEMPLATIVE LIFE

The teacher's function is to unveil the light that already constitutes your innermost being, self, or identity. The function of the teacher and the teaching is to unveil the presence of the Spirit of God that is within you, so that you can eventually live in this conviction, "Thank You, Father; You and I are one."

It makes no difference whether you are sick, momentarily sinning, temporarily in lack or limitation, or even if you are dying. Right where you are, God is, and your function is merely to keep remembering that, but not try to make it happen because it is already true.

Inasmuch as God already *is* and is closer than breathing you cannot really achieve God: you can only achieve the realization of God's presence, which is already always with you. When you stop trying to get health and understand that there is but one thing to get and that is a realization of God, you become quiet, and something marvelous happens inwardly and outwardly when you stop desiring something external to yourself.

God is within you now, and you are in God now; you already have God's presence where you are; but it is your conscious remembrance of that Presence which brings it into manifestation.

Every time that some evidence presents itself to you of an erroneous form of power, realize within yourself that this cannot be true if Omnipotence is true. Every time something presents itself to you of an erroneous or destructive nature, realize within yourself that, in the light of Omnipresence, this presence cannot be.

Whenever any temptation comes to you to go to God and tell Him something about your problems, immediately bring to your thought the word Omniscience—all knowledge, all wisdom—and remind yourself that God already knows all.

The minute you can go into meditation realizing that you are not going there to get anything, not to get any power, that there is nothing you need, for whatever is in the Invisible already is, instantly you are free from human thought, and you can settle down into a tabernacling and an inner communion. Watch and see if it is not true that the only thing that interfered with your attainment of meditation is that either good or evil will come into your mind, either the desire to get rid of evil or to get good, and that can only be overcome through the realization of this Invisible.

THE EARLY YEARS (32-46)

Chapter: Prayer

Topic:

The first point that becomes clear when we see that God is, is that God is not to be prayed to. If only we understood Mrs. Eddy, we would have known this long ago. Listen to her words: "God is not moved by the breath of praise to do more than he has already done, nor can the infinite do less than bestow all good, since He is unchanging wisdom and Love." [S&H 2:8]

Chapter: Search for Freedom

Topic:

In divine Science we learn there is but one universal consciousness, in which is embodied the entire universe, including every idea and manifestation. This consciousness is the only creator and is infinite and eternal. It is, therefore, forever conscious of each and every created being and thing, *"from the infinitesimal to the infinite,"* and since this is true, no person or thing can drop from consciousness or lapse into unconsciousness, either temporarily or permanently. . . Man is already established, supported, and healthfully maintained in this consciousness, together with every other idea necessary to the completion and perfection of him as the infinite Son.

Chapter: Spiritual Healing

Topic:

Healing is not difficult when we once know that we are not trying to heal a body or improve man or change him, but that we are trying only to establish in our consciousness the awareness of the peace that is already there, awaiting our recognition. Then, let us take "peace, be still" for our Word, let us "seek peace" within us; let us realize the presence of peace in our consciousness. In the silence of the night when you are awake, realize peace within you. Peace is a great healer. Do not seek healing, seek peace; the healing is the "added thing."

Chapter: Supply

Topic:

There must be the understanding that the entire universe is embodied in divine mind, and because this is your only mind, all things are already within you. It follows that we are never dependent on any person, place, or condition for anything!

Chapter: The Nature of Error

Topic:

You are already that place in consciousness through which infinity is pouring.

Good cannot come to you. It is already where you are. Good does not even come from God to man, because man is the very manifestation of God, or good. Only in the degree that we make this truth a part of our consciousness can we prove the infinity, the omnipresence of good.

THE FOUNDATION OF MYSTICISM

Chapter: living the healing principles

1959

Topic: *Know The Truth*

Now, do you see why it isn't necessary to give a treatment to anyone? It isn't necessary to correct them or improve them? It isn't necessary to tell them to be better or more loving or more gentle or more forgiving? It isn't necessary. As you consciously know the truth, the truth that you know becomes the law unto those within range of your consciousness. That is why you will find animal life is the most responsive to this work. Dogs and cats and birds will virtually respond to this instantaneously. There is no resistance in them at all. Next, plant life responds beautifully. And then children. But adults are tough. They've already learned to fear both God and devil; they've already learned about two powers.

To actually ask God for something, you first have to assume that God is withholding it. If you asked for health for anybody, aren't you saying, "God, you've got this health, but you won't give it. But I'm asking you, let go! Give! Give!" To God, that's sacrilege. God isn't withholding anybody's supply; God isn't withholding anybody's employment; God isn't withholding recognition from anybody, or reward, or talent—impossible! God is the very talent, the very supply, the very wisdom, the very substance of our being. God is all of these things. God isn't withholding them. So let us not ask God, but let us recognize that God already is everything. God constitutes our very being. God constitutes the very mind and life and soul of us.

This is a mistake too many students make: stating these absolute truths as if they were already an accomplished fact. They aren't; they aren't. Why do you think Jesus said that he came to earth to heal the sick, open the eyes of the blind, open the ears of the deaf, forgive sinners? Did he at any time say, "Oh, you are already spiritual; you are already perfect?" Did he at any time say, "You don't need healing, you are already in the kingdom of God?" Oh, no, he didn't.

The principles that are embodied in these writings are not mine. I did not make them up; I did not dream them up. They came to me in consciousness, and therefore they are not mine. They should be made available to anyone, anywhere, at any time, who can accept them, receive them, and respond to them. And that's the way it is. By having no organization, no memberships, no obligations, those who are led to these writings may embody them to whatever degree they wish and still maintain their freedom. In this way you will eventually find what we are already beginning to witness: that these very principles are being accepted as truth in many religious fields and ultimately will become embodied in the religions of the world. And I feel that's far better than putting a barrier around the message and saying it belongs to me, and wanting either cash or credit for it. I don't. I am happy to be an instrument through which this has happened, and it brings far more joy than any glory or money could.

Chapter: Treatment: Knowing The Truth
Topic:

1959

Treatment doesn't make you the son of God. That you are. Treatment doesn't bring God into your experience. It is already there, but it isn't doing you a bit of good because you don't know the truth. So when you know the truth, the truth can make you free. But you must know the truth—and we call that specific treatment. Why specific treatment? Well, in the instance I spoke of, establishing yourself in your community among your neighbors, you must specifically know the truth about your neighbors. You must know that they are the sons of God; that their bodies are the temple of God; that the kingdom of God is enthroned within them. This is a specific truth that you are knowing about your neighbors.

Treatment is whatever I have to tell myself to keep reminding myself of the truth that already is.

A treatment is something I give myself, first of all to enlighten myself about the truth of being and secondly, to keep calling to my conscious awareness the reminder of this truth forever and forever and forever. If I went one hour without the reminder, the very next hour I'd be trying to get God to do something for one of my friends. I'd be trying to influence God—sometimes I'd even be trying to tell God. And so, I have to remind myself: No! No! No! God is. God already knows. "It is God's good pleasure to give us the kingdom." God alone is. That is treatment, that is knowing the truth—and it is knowing the truth that sets you free from appearances.

THE INFINITE WAY LETTERS 1955

Chapter: Grace
Topic: *Why?*

1950 First Portland Series
5:1&2

The realization that the individual is already at the standpoint of immortality. . . to which nothing can be added.

Chapter: Higher Views of God, Prayer and The Self
Topic: *Rising To Grace*

1955

It is up to you to bring yourself into alignment with That which already is

Chapter: Protection
Topic: *An Important Point In Spiritual Practice*

1955

You will attempt to bring about adjustments based on the fact that a sin, disease, or death have already occurred.

Chapter: The Invisible Nature of Your Live
Topic: *In Quietness And In Confidence*

1955 Kailua Study Group
117:2

Thought is the avenue by which you become aware of the divine realities that already exist [2x2=4].

THE INFINITE WAY LETTERS 1956

Chapter: The Demonstration of God
Topic: *The Demonstration Of God*

1956

In much the same way as the sunlight opens the bud into the flower, [the teacher] opens the closed door so that the truth already embodied within the consciousness of the student can flow forth into visible and tangible manifestation.

THE INFINITE WAY LETTERS 1957

Chapter: February: Major Principles of The Infinite Way
Topic: *Cast Your Bread*

It is only necessary that we open out a way to use the amount that we already have within us and watch as it multiplies itself in going out.

Chapter: January: Out of Darkness
Topic: *Travelogue*

1956

In the end, you will realize this: Whatever it is I am seeking, I already am. You will then give up all this physical effort and mental effort. . . Why struggle for that which I already am?

Chapter: March: Understanding the Body
Topic: *Understanding The Body*

1955 Kailua Study Group
113:1

All that any book or man can do for me is to teach me that I already am that which I am seeking.

THE INFINITE WAY LETTERS 1958

Chapter: January: Spiritual Unfoldment through the Study of The Infinite Way
Topic: *From The Letter To The Spirit*

1958

The whole secret lies in learning to be attuned, and then you will find that the fullness of God is already within you.

THE INFINITE WAY LETTERS 1959

Chapter: February: A Lesson to Sam
Topic: *A Lesson To Sam*

1959

The secret that I have learned is that God is infinite intelligence and He already knows our needs, even before we do.

Chapter: October: Freeing Ourselves from Universal Claims
Topic: *Give Up All Attempts To Change The Human Picture*

1958 London Advanced Class
233:1

God already is the soul and the spirit and the mind.

THE JOURNEY BACK TO THE FATHER'S HOUSE

Sometimes we think that Jesus laid down his life for you or for me or for the Hebrews of his day. No, he had already discovered that most of them did not appreciate his message; most of them rejected it. He did not lay his life down for them. He laid his life down as a fulfillment of the vision within him that in losing his life, he was gaining it, and in giving of himself he was receiving the spirit of himself, the godliness of himself, the fulfillment of himself.

Many deep truths have come through me in the years that these books have been written, and yet sometimes it is two, three, or four years later that I have awakened and felt I had just discovered those truths, and then went back and found they I were already in the books. Why? Because when they first came I through, they were beautiful truths to me, but they were really only seeds planted in consciousness. It takes time for them to take root inside and later to come forth as a full blossoming tree of life. We all have that experience.

You may even feel good to know that there is no power against which to use God, nevertheless tomorrow, when you are facing the appearances of life, there will be that old temptation to reach out for God, to want God to do something to some evil. You have to train yourself to realize: "No, God, I released You last night. You go ahead and fulfill Yourself. You are about Your own business, and I know that there is nothing in heaven or on earth for which I need any power that is not already functioning. . . All the power necessary to maintain my life is already at work, and all I have to do is to acknowledge it. Acknowledge that God is fulfilling Himself. God's nature is to fulfill Himself as peace on earth and the divine grace in my life. I do not pray for grace; I do not ask for grace: I acknowledge grace as God's means of fulfilling Himself on earth. God's means of fulfilling Himself on earth is the power of grace. When I acknowledge that and let myself be receptive, I will find It functioning in my life.

In the earlier years of my work, when the thought presented itself that since my supply was coming from people, every time my supply came in, somebody had less of supply, the nature of my prayer changed. It went something along this line, not exactly, but this is the essence of it: *Father, I do not want what is already out here. That belongs to somebody else. Let my supply come from within. Let it come from new channels; let it come in new ways, so that if anyone shares with me, he is only a transfer agent, and that transfer does not lessen his supply. If anything, let it increase his supply. Let me not believe that it comes from those who share, so that they have less. If it must come through someone, let it come through him, not from him. Then, in the giving, they have nothing less, but rather more.* My prayer all my life since then has always been: *Father, let it be so. Let the loaves and fishes be multiplied by the spirit within me. This leaves me with much glory, but with no victories and no depriving anyone, no taking from anyone what he may have need of. It is the glory of being abundantly supplied and having the consciousness that no one is being deprived of anything because of it.*

As we return to the problems of human existence, they are no longer our problems. In fact, they are no longer problems. Now we see them as shadows without substance, without power, and we can look on them, regardless of their name or nature—whether "man whose breath is in his nostrils" or a hurricane—and see them as shadows, having no power because we have already felt that all-power within us. There is no power left to be in the hurricane, no power left in the whirlwind, no power left to be in "man, whose breath is in his nostrils," for all power is within us. Then we walk up and down this world and see it, almost as the shadows on a moving picture screen, knowing that they come and they go, but they have no real substance, no real voice, no real power. In this way we bring the activity of the Christ to human consciousness and dispel the illusion of two powers. We dispel the illusion of good men and bad men, because now there are no bad men and no good men: there is only God, all good. In meditation, the Christ is to be kept in the kingdom of God within us, so that when we return to the world, it can be the light that shows us that everything out here is shadow.

Chapter: What have you in the house?
Topic: *What Have You In The House?*

1961 Holland Special Class 1:1
426

In the human world, however, we go outside ourselves for everything. We try to get what we want from other people or circumstances. Everything in human life is focused outside, ignoring totally the fact that every real value is already established within us and that we can have the harmony of life, health, the prosperity, the success, and the joy if only we will go to the kingdom of God for it, instead of seeking it out in the world. The way to release this spiritual presence and spiritual power is through meditation. So, as Infinite Way students, our day always begins with meditation. From the time we awaken in the morning, even before getting out of bed, we meditate. We meditate at breakfast time; we meditate on leaving home; we meditate at noon, at night, and when we awaken in the middle of the night.

THE LETTERS '32-'46

Chapter: 3: The Real Self
Topic: *(real Self)*

1932-46

Healing: seeing that everything already is.

THE MYSTICAL I

Chapter: do not "pass by on the other side"
Topic:

1964 London Studio Class
562: 1&2

In the beginning, *I* already was endowed from on high with His grace, robed in His Spirit, clothed in His immortality. Thus enfolded in His grace, there was no sin, no disease, no death, and therefore no need to invent a God to get rid of these.

Chapter: Impersonalizing God
Topic: *God Is Being*

1963 London Work
532

We must make no mental effort to reach God, for we are already one with the Father.

Chapter: The Temple Not Made with Hands
Topic:

1962 London Special Class
496:2

Within each of us is the perfect Self that has never fallen, has never left heaven, and therefore can never gain heaven. It is already a state of heaven; it is already living the perfected life, the spiritual life, the Christ-life that can never be crucified, can never be resurrected, cannot even be ascended.

Our spiritual goal is not developing a self that has no problems, but "dying" to the self that has them or does not have them, and being reborn to our already perfected Self.

THE ONLY FREEDOM

When you are praying, you cannot possibly believe that you can bring God to a person for God is already there. Your prayer is merely the conscious remembrance of Omnipresence. You do not bring God to anyone; you do not bring anyone to God: you bring to conscious remembrance the omnipresence, omnipotence, and omniscience of God. Unless you are including all mankind, you are omitting yourself and probably your relative's, neighbor's, or patient's self.

Chapter: Letting God Reveal Itself
Topic: *No Separation From God*

1955 Capetown Series
706 1:2

Infinite Way writings may use such terminology as "You must contact God," or "You must make a contact with God," or "You must seek God," or "You must search for God." That is the language used for beginners, so that they may be led to the realization of the need for God in their immediate experience. As students advance in understanding, however, they must eventually come to a place where they know that God already is "closer. . . than breathing and nearer than hands and feet, " so they do not have to go after God, or search for God. You who are students must know sometimes that "the place whereon thou standest is holy ground," not tomorrow, not after you have read some books, not after you are given treatments, not after you go through classes. No, the purpose of class is to reveal to you that God is closer than breathing this minute, that "the place whereon thou standest" is already holy ground because God is already there, that God is already the life of your being, the soul of your being, the substance of your being.

Chapter: Starting the Mystical Life
Topic: *I, The Holy Word*

1957 Kailua Advanced Class
181 3:1

Humility comes only in proportion as we understand that God planted in us an inner grace, that which is to be with us unto the end of the world and our demonstration unto the end of the world. It is to go before us to "make the crooked places straight." It is to go before us to prepare mansions for us. It is to be all things unto us. "I am the way, the truth, and the life," that *I*, the realization of that *I*—not looking outside to a God, not looking inside to a God, not looking up or down to a God to do something, just realizing *I* already is all. *I* already is about the Father's business.

Chapter: Surrendering the Human Sense of Health, Supply, and Peace
Topic: *The Meaning Of Spiritual Integrity*

1957 Kailua Advanced Class
181 3:2

How many can imagine what it means to arrive at a state of consciousness that has little or no concern for the digestive or the eliminative apparatus, the muscles, or the brain, but a state of consciousness that has already perceived that these are really governed by every word of truth that is in their consciousness, and therefore the whole concern is to obtain the atmosphere of the Spirit, rather than to attain physical perfection?

Chapter: Where the Spirit of the Lord is, there is Liberty
Topic: *The Simplicity Of Truth*

1957 Kailua Advanced Class
179 1:1

The Infinite Way approach to life and to truth is to hold ourselves empty of knowledge and empty of understanding. To fill oneself with understanding and knowledge is virtually to rule our God. There is no room for God in a mind that is already filled with yesterday's manna and with knowledge that is written in books.

THE THUNDER OF SILENCE

Chapter: From Darkness to Light
Topic: *Karmic Law*

1956-58

All that we can do is to recognize that God in the midst of us is mighty, not because of us: it is just that we have been given the grace to recognize the IS, that which already IS. . . The only time we can live is *now* and *now* we are living under Grace. The past is gone; the future will never be: *Now* we are under Grace. *Now* there is no sin, no disease, no death, no iniquity—nothing operating in our consciousness except love, the love of God, not your love or mine.

Man cannot know what the divine plan holds for him because man can only measure good by an increase of what he already possesses. . . . To bring ourselves as an empty vessel to God and let God fill that vessel is the highest form of prayer. Let us not take our finite views of what is good and what is bad to God, nor take our human hopes and ambitions to Him, but let us go to God as if we really trusted Him more than we would trust our own mother, trusted Him as the divine Love and the divine Wisdom of this world, which in truth He is.

We store up within ourselves the barriers that prevent the kingdom of God from being established in us by our judgments of people and conditions, and by the desires that still remain in us—not merely the sensual desires but even the desires that are considered good. All of those things operate in our minds to separate us from the realization that that which we are seeking we already are.

When we realize that the problem presenting itself to us is not a God-created spiritual entity, but a mental concept without cause or reality—without presence, power, or substance—then in the realization of God as the creative, maintaining, and sustaining Principle of all that truly is, we already have all the God-power needed, without turning to God to do anything about it. It is not necessary to overcome hate, fear, jealousy, or resentment, but it is necessary to sit down, close the eyes, and realize, "These are mental images in thought. These are projected states of thought out of the vast mental illusion. Then by abiding in an inner peace, they are dissolved. They are not destroyed because there is nothing to be destroyed; there is no substance to them and they have no more reality than the pictures on our television screen.

Mind forms its own conditions of matter, body, and form. Mind does not *create*; mind *forms*. Creation is already complete—spiritual, eternal, and perfect—but our mind, depending on its conditioning, forms and interprets our human experience on this plane. If our mind is completely free of judgment of good and evil, then Spirit forms its own image and likeness through the mind as happy, harmonious, successful living. If mind is conditioned by judgments of good and evil, mind is not a clear transparency, and in proportion to its conditioning will experiences of good and evil take in our lives.

Because of the infinity of God, all that is, is already omnipresent. It is impossible for God to give or send us anything. God does not provide an apple or an automobile. God is the apple; God is the automobile—God appears *as*. There is no such thing as God *and*. It is for that reason that the only demonstration there is for us to make is the demonstration of God's presence.