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## A MESSAGE FOR THE AGES

Chapter: God And Prayer

1963 Instructions For Teaching The Infinite Way 4:1

Topic: *I reveals the secret of god*

508

Then came the unfoldment that there is a word that is not a word in my mind. That word is *I*. *I* is not a 'word' in my mind: *I* is my being; *I* is my identity. *I* is not a word I am thinking of; *I* is the thinker, not the thought. Regardless of any thought or concept of God, it cannot be God, because greater than any thought is the thinker. Is there anything greater than the thinker? Is not the source of thought the creator of thought? Then somewhere in the word *I* lies the secret of God. . . Then as the years went on, that word *I* began to define Itself, and I saw that it was really synonymous with Consciousness, because regardless of what I am, I must be consciousness. That must be the identity of *I*. Take Consciousness away, and is there an *I*? Take Consciousness away, and is there any awareness? Take Consciousness away, and is there form? All the form there is, is Consciousness formed.

Chapter: Infinite Way Pearls

1963 Instructions For Teaching The Infinite Way 1:2, 3:1

Topic: *God As Individual Consciousness*

509, 511

Always we come back to the truth that anything we can think about God cannot possibly be God, because that thought is only an idea in our mind, and an idea or a concept in the mind cannot be God. Whatever is in our mind is an effect, and the thinker is the cause of that effect. Therefore, if there is a God, it is not the human thinker, but the illumined mind of the individual.

Chapter: The Parenthesis

1963 Instructions For Teaching The Infinite Way 2:2,3:2

Topic: *The Parenthesis*

510, 511

If we have a single thought in our mind, we are going to cling to that thought. Any concept of the fruitage we are looking for stands in the way of God's demonstration, because that is not opening oneself to the way or the will of God.

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## A PARENTHESIS IN ETERNITY

Chapter: Attaining The Mystical Consciousness

Topic: *The Mystical Life Through The Two Great Commandments*

The thoughts that flow out from us are sometimes more powerful than the physical acts, and it was because Jesus recognized this that he taught that it was not sufficient to resist the act of stealing, but that it was necessary even to give up inwardly coveting anything belonging to another because the nature of what goes on in a person's mind permeates the atmosphere.

Chapter: Living The Mystical Life

1962 Princess Kaiulani Open Class

Topic: *Living In, Through, And By Spirit*

479:1

Inasmuch as we are human antennas, we often find ourselves thinking the thoughts that everybody else is thinking. That is why fear overwhelms us, a fear that is not our fear but the universal fear that we pick up through our everyday contact with the world.

Chapter: The Basis of Mysticism

Topic: *Reality And Illusion*

If we can think God, It could not possibly be That because how can we encompass an infinite God in our thought process?

If we could erase from our thought everything that we have heard or read about a person—everything, every opinion that we ourselves have formed—and say, "Father, wipe all this away. I am willing to start all over. Show me this man as he is. . . we would find that by turning within with a listening ear, the truth would be revealed to us. . . The *I* of him would be born in us immaculately.

The illusion is in the mind that is falsely seeing the world: the illusion is never out in the world. An illusion cannot be externalized. An illusion is a deceptive state of thought, and it can take place only within a person's mind, not outside it.

There is no word that we can think of that is not the effect of the thinker, and the thinker must be greater than any word he can think, voice, declare, or write. Regardless of what word we utter—even the word God—there is an I that utters it, and an it to be uttered. After all the words have come and gone, and we cannot see or hear them any more, I still remain. I must be greater than any thought I can entertain, or any concept I can hold or form, greater than any belief or theory that I can formulate or accept.

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## AWAKENING MYSTICAL CONSCIOUSNESS

Chapter: Concept or Is?  
Topic: *Concept Or Is?*

1954 Portland Practitioner Class  
95: 1&2

Even your thoughts do not have power; it is the God who makes your thoughts who has power.

Chapter: Flesh and Flesh  
Topic: *A State Of Awareness*

1954 Portland Practitioner Class  
94 & 95

The Word made flesh is not a thought; it is a state of awareness without a conscious thought, and yet at times it appears outwardly as conscious thought.

Never be concerned and never try to have a thought about anything.

Chapter: The Atheism of Material Power  
Topic: *Living By The Word*

1958 Second Sydney/ Melbourne Closed Class  
199: 1&2

When we allow fear of our body to enter thought, we have forsaken God.

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## BEYOND WORDS AND THOUGHTS

Chapter: God Revealing Himself As Christ on Earth  
Topic: *Infinite Individuality Fulfilled*

1963 Kailua Private Class  
523:1 or 524:2

You look out at this whole world with compassion: “I know what it is all about now. You thought you were man; you thought you were living your own experience. . . If only you had known *I*, you would have relaxed and, without taking thought, your own would have come to you.”

Chapter: Incorporeality: God, Man, and Universe  
Topic: *Mysticism Is A Rising Into Incorporeality*

1963 Kailua Private Class  
521:2

Just as a figure is an image externally, so is a word an image in thought, and anybody who is worshipping an image in thought has made for himself an idol. To know God aright you must be unknowing, but to know man aright you must be equally unknowing. To know supply aright you must be unknowing. You must never deal with corporeality in your spiritual ministry.

Chapter: Measuring Spiritual Progress  
Topic: *Progress Cannot Be Judged By Appearance*

1963 Kailua Private Class  
518:1 or 517:2

Do not judge by the fact that today you may be very ill or very poor, or that you may be entertaining sinful thoughts or even be committing a sin. Do not judge from any of these things as to whether or not you are one with God. All such conditions can tell you is that at a particular moment you have a sense of separation from God. It does not prove that you are not one with God.

Chapter: Thou Shalt Not Make Unto Thee Any Graven Image  
Topic: *The Miracle*

1963 Kailua Private Class  
518:1 or 517:2

When anyone asks me for help, can you understand that the first thing that takes place in me is that my mind stops functioning, and I stop thinking? I think no thoughts of truth. I listen, and that lets the presence and power of God through to the patient; whereas the moment I try to think a thought, even of truth, then I am trying to make thought a power. . . It is the presence and power of God that does the work. Sometimes I know what it is; sometimes it comes through in a message; but ninety-nine times out of a hundred I never know.

Chapter: Truth Unveiled  
Topic: *How Truth Becomes Veiled*

1963 Kailua Private Class  
518:2 or 519:2

Remember that this rising above the mind, above words and thoughts, does not eliminate the mind, words, or thoughts, but it does eliminate living by them.

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## CONSCIOUS UNION WITH GOD

Chapter: Seek The Answer Within

1947

Topic: *Become A State Of Receptivity*

The problem is always a belief in your own thought.

Chapter: States And Stages of Consciousness

1947 Metaphysical Notes

Topic: *Thought Is Not Power*

Thought is an avenue of awareness, hence, not a power.

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## CONSCIOUSNESS IN TRANSITION

Chapter: Illumined Consciousness

1948

Topic:

Spiritual consciousness is one which does not accept any belief in thought of any error existing as a presence or as a power. It looks at any presence or form or phase of error as if it were just looking at a moving picture, say, of a man being shot, knowing right well that as soon as the picture is over, the man is going to pick himself up and dust himself off and get ready to play another part... In maintaining that same attitude toward what we see of human experience, that same attitude in which we do not criticize or judge or condemn the underdog or the sinning or sick person, and in which we do not give praise to those we think are doing good, we will have begun to see real spiritual healing.

Chapter: Meditation

1948

Topic:

Thoughts keep racing in and out, all kinds of undesirable thoughts. You may think they are your thoughts. They are not. They are just banging away at you. They come in and they disturb you; they distract you. Don't fight them; don't try to stop thinking them—you can't succeed. I'll tell you that and save you a lot of trouble. You'll never succeed in stopping your thinking, so let those thoughts come in and go out and do anything they want. You just hew to your center, to the particular quotation you are pondering. Let those other thoughts do what they want and don't bother with them.

Chapter: States and Stages of Consciousness

1948

Topic:

But, thoughts *are* things! It is only when you get away from thought that you get away from things and come into the realm of idea, and idea is not a thing. Idea is an activity and a quality of mind, but of the divine mind and not of the human mind.

Chapter: Student and teacher

1948

Topic:

That is my word to you after years and years of practice. Do not take the name or identity or the picture or the thought of your patient into your treatment. Leave these completely outside. You have nothing to do with them. They are illusion to begin with and if you take them into the picture, you do not believe they are illusion but think they are something that you must do something about. It is true, perhaps, that because you have a patient you are fooled for a moment that there is a presence and power apart from God, and so you go within for the illumination, for the light that will dispel the illusion. Please leave the problem outside! It does not concern you, whether mental, physical, moral or financial. It has nothing to do with you. This treatment is your relationship to God, and so you go within for illumination, for the light that will dispel the illusion.

So we arrive at the truth that God, as creative principle, is the cause of its manifested being appearing as effect. A cause and effect that bind together, like two times two is four, not separate from each other, but always in one place. Wherever the problem is, the answer is, and if the problem is in your thought, the answer is there also. They never get separated from each other.

As you think on that quotation and your thought starts to wander back and forth, and perhaps you wonder what to have for luncheon and so on, pay no attention to these thoughts. Let them come and let them go; it does no harm for them to come and go. You keep your attention on, "I and the Father are one" or on any suitable short quotation from Scripture or metaphysical writings. As you lose the thread, just gently come back to it and say, "I wandered off, but I and the Father are one." Bring your attention back again and again.

Chapter: Thought Is Not Power  
Topic:

1948

It popped into my head one day that thought is not a power, it is an avenue of awareness. It shocked me for a moment, having it come out of a clear sky when I was not asking for it. Then I saw that I, through the avenue of thought, can become aware of people in this room and know whether they are dressed in brown or green or black, but no amount of thinking I do can make it so.

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## CONSCIOUSNESS IS WHAT I AM

Chapter: Attaining a Measure of Spiritual Consciousness  
Topic: *Attaining A Measure Of Spiritual Consciousness*

1969 L

There is in reality only one Consciousness, but we entertain a material sense of that Consciousness; and what is it that constitutes a material sense of consciousness? It is that state of thought that depends on the outer world for its good.

Chapter: Consciousness  
Topic: *Spiritual Discernment*

1969 L

When you say, "God is love" or "God is life" or "God is power," you are building an image in your mind, and this is idolatry. But when you can relax in the truth that *God is*, you are not trying to embrace Infinity within the confines of thought. You are accepting whatever God is as *IS* and then letting that *IS* define Itself to you. To live this [oneness], the personal sense of self must stop taking thought, otherwise it is trying to play God, and that is very dangerous. It must stop taking thought as to what the weather, the business, or the plans will be, and let God reveal His will, His plan, His life.

Chapter: Mind Is a Transparency  
Topic: *Healing Through A Mind Imbued With Truth*

1962 London Special Class  
496:1

If we accept the metaphysical principle of keeping the mind stayed of God, if we hold to the positive side of life and let the negative side gradually be weaned away or allowed to atrophy, we will discover that we ourselves govern our life, our mind, and our body. But we do more than this. Eventually the day comes when we are not thinking any thoughts at all: we are receiving thoughts. And that is where the *I* comes in, the *I* that is God.

It is our state of consciousness that determines what our mind thinks, and consciousness is what we are. Our mind cannot stop us from thinking any kind of thoughts we want to think because we are in charge, and our mind has to let us use it for whatever purpose we decide to use it.

When I am giving a class, I am not thinking nor am I using thought. I am keeping my mind a clear transparency to receive God's thoughts.

Chapter: The False And Right Sense of I  
Topic: *Realize God As Individual Being*

1951-1954

When anyone in our family or among our friends involved in any sense of discord comes into our thought, instead of being concerned to see how much we can help him, we sit down with, "Ah, I'm not going to believe there is such a person. God is infinite individuality. God is infinite person. God is the infinite One, and besides God there is no other."

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## CONSCIOUSNESS TRANSFORMED

Topic:

You must understand that God cannot think. God cannot start anything and God cannot stop anything. There is no beginning in God and there is no ending in God. In metaphysical teachings it is said that “God thinks and we think after God.” Of course that is not any more true than the fact that God punishes and rewards. God does not do anything. God is being. . . God does not think any more than the principle of mathematics thinks. . . It never *thought* 2 x 2 into being because there never could have been a time when 2 x 2 was other than 4.

Mystically you have to change your life to one of inner awareness so that you are attuned to whatever it is that is God’s will for you, God’s plan. That is all that God is going to perfect in your life—not what you wish or desire, but that which is appointed for you. Then you do not have to take thought for the success of any mission, business, or activity in which you may be engaged.

Chapter: communication of Oneness

1/19/1964

Topic:

You can see now why the tape number 1 and tape number 2, Honolulu Infinite Way Study Center 1964, will have to be practiced diligently in order to lead up to this ability to be still and let divine consciousness establish the communication through you, in you, for you, without your taking thought. This is the ultimate of meditation.

Chapter: I and My Father are One

1964

Topic:

Since mind and matter are one and you can have good thoughts or bad thoughts, material thoughts or spiritual thoughts, true thoughts or ignorant thoughts, can you not see that it is just a question of “sowing and reaping?” When a thought comes into your mind, train yourself to weigh it in light of the two worlds: “Is that a material thought? Am I placing power in something or someone external to the *I* that I am? . . . If I am imputing power externally, I am living in the world of material sense, material values.” But when such thoughts come to you and you reinterpret them: “No! I do not live by bread or by property, but by the will of God. I do not die by the power of accidents or germs or heredity; I die in proportion as I withdraw power from that external realm. I die to my humanness, but I am in that degree reborn into my spiritual Sonship.” As soon as you can draw back the power into the *I* that I am, fear of this outer world disappears.

Chapter: removing the veil

7/14/1963

Topic:

On the human plane thoughts do have a way of becoming tangible form.

Chapter: Resting in Consciousness

1963

Topic:

You cannot analyze what consciousness is, so there is no use letting your thought go to “What is consciousness?” No, because the only time you have it is when you are not thinking of it.

When you can rest in an inner communion without words and without thoughts, you have attained “the cloud of unknowing.”

Chapter: Silence! Stillness! Quietness!

1964

Topic:

God does not read your human thoughts, so there is no use telling God what you want.

## CONSCIOUSNESS UNFOLDING

Chapter: Freedom in Christ

1949

Topic: *The Spiritual Plan*

We are to lift thought up out of its material sense and bring to light a spiritual awakening.

Never have I allowed the face, or thought, or outline of any face or body, to come into my treatment. I do not, I cannot give a treatment until the person asking for help is completely out of my thoughts.

Do not use you mind or your thought or your spiritual powers trying to patch up the illusion. Become one with God—and stay on that level of consciousness. Do this as many times as you can in the day, and as many times as you can during the night. Get the feeling of God’s presence. Soon the illusion will be dispelled.

Do not accept into your consciousness the thought that there is a person in ill health.

The only technique that works for me is to pay no attention to any thoughts that come and go [in meditation]. . . Sit with your mind centered on the question, “What is God?” and keep it there. If thoughts disturb or intrude, bring your mind gently back to your question.

If you understand that God has revealed Itself as your individual consciousness, that God has manifested Itself as your individual being, and if you are endeavoring to live up to what your idea of God and the Christ is, how then can you bring your thoughts down to terms of body, flesh, dollars, or houses and lots?

The Christ [is] always born in human thought, and that is about as low a place as we can reach in our individual experience. . . because all human thought is based on. . . getting, acquiring, achieving, and accomplishing.

The coming of the Christ makes this world, the world of concept, an unreality. It decreases dependence on anything in the realm of things or of thoughts.

In the presence of the Christ, it is not necessary to entertain a thought, And yet that same Christ fills us with thoughts emanating from the infinite Intelligence, the infinite Wisdom, the divine Love that is really the center of our being.

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## **GOD, THE SUBSTANCE OF ALL FORM**

When you begin to meditate and thoughts of an unruly nature come, let them come; do not be disturbed by them. They are world-thoughts, not yours. Take the attitude of sitting back and watching them. See them impersonally.

Consciousness is not your “thinking” mind; consciousness has nothing to do with the thoughts you think; consciousness has nothing to do with your individual mental or physical effort. . . [it] is really the substance or reality of the human mind.

God’s thoughts are not your thoughts, so why take thought at all?

This “Father within” comes as an impersonal Presence to awaken the receptive thought to the divinity of the individual.

[Jesus] learned not to have conscious thought or conscious will or conscious desire, but to let himself be the vehicle of God, realizing that it was not God *and* he, but that actually all there was to him was God.

When we accept in consciousness the thought or belief of death, that is when the body succumbs to it.

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## LIVING BETWEEN TWO WORLDS

At the mystical level of consciousness, thought must never be permitted to dwell on supply as if it were something to be attained or even earned or deserved. Supply is the realization of *I* in the midst of us that has come that we might have life and that we might have it more abundantly.

To our knowledge, the sun, the moon, and the stars cannot think, and that may be why they are always under the government of God. We, on the other hand, think our way into a sense of separation. Notice the word "sense." We never really become separated from God in life or in death, but through taking thought, we have built up a *sense* of separation from God which acts the same as if it were an actual separation.

Out here, sin, disease, death, lack, and limitation do not exist. If you are experiencing them, you are experiencing them in your own thought and projecting the image outwardly. It is like a moving picture. The picture is actually on the film, but it is projected onto the screen, and, if you did not know better, you would think the picture is on the screen, when it really is on the film. In our ignorance we think that there are sick and sinning people out here. No, they are only in our own thought. . . The proof of that is that when someone turns to an enlightened consciousness. . . the image or picture dissolves and disappears.

As long as I can hold onto the truth, "Thou art the Christ, the Son of the living God. . . Neither do I condemn thee, neither do I find any fault in thee," you must eventually respond. Since I have not accepted your mortality in my thought, it must die.

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## LIVING NOW

Mind is not God since it can create good and bad thoughts.

Surrender mind to God by not taking thought and hold it in a listening attitude.

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## LIVING THE INFINITE WAY

Let us remember that every appearance of humanhood, good or bad, is a mental image in thought, actually without reality, law, substance, cause, or effect. In this recognition, the limitations inherent in the five physical senses begin to drop away. We are enabled to "see" deeper into consciousness and behold that which is—eternity in what appears as past, present, and future. We find ourselves unlimited in terms of "here" or "there," "now" or "Hereafter." There is a going in and a coming out without sense of time or space, an unfolding without degree, a realization without an object.

The only legitimate desire is a desire for a greater realization of God—for the things of God and the thoughts of God. God's thoughts are not our thoughts, but God's thoughts can become our thoughts if we learn to contemplate God rather than to desire to expect anything.

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### MAN WAS NOT BORN TO CRY

Chapter: Rising Above this World

1962

Topic: *An Illusion Is A Mental Image In Thought*

An illusion or a mental image in thought has no substance or reality.

Error. . . is not an externalized physical condition, but a mental image in thought, existing nowhere except in our limited vision of that which is.

God is a destroyer. . . of the false images in thought, but never a destroyer of persons or of conditions because there are no persons or conditions to be destroyed.

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### SEEK YE FIRST

Chapter: The Spiritual Goal

1962 London Closed Class

Topic: *Pondering Truth, And Then Listening*

488 2:2

For young students it is not possible to hold a silent meditation beyond a minute or two. The mind begins to wander, and then it is no longer meditation. It is only meditation in those brief seconds when we are still and listening. The minute thoughts begin to percolate, the meditation is over. Only one second of complete silence would be enough. That lets the Spirit in and lets It function!

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### SPIRITUAL DISCERNMENT

Chapter: God Must Be an Experience, Not a Concept

1953 First New York Practitioner's Class

Topic:

45

As you continuously realize, not with false modesty, but with a clear understanding that whatever spiritual grace you have is the grace of God, you can never fail to heal and to teach, and you can lead those who come to you to truth only through the realization that the grace of God that brought the call to you is the grace of God that answers the call. As you sit quietly in the silence, God will speak in some unmistakable way, not necessarily in words or thoughts, but the activity of God will make Itself evident and the results will follow.

Chapter: Immortality Unveiled

1962 Los Angeles Special Class

Topic: *Impersonal Nature Of Error Makes Healing Relatively Easy*

486: 1:2

You and I are the manifestation of all that God is, God in expression. You do not express God: God expresses Himself as you. God is doing the expressing, not you. You do not have the ability to express God. God alone expresses God. God expresses Himself as you, but it is God doing the expressing, God doing the living. You are not living God's life. God is living His life through you if you will stop taking thought for your life. God is doing the thinking: you are not thinking God's thoughts. God is thinking God's thoughts through you if you are receptive.

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### SPIRITUAL INTERPRETATION OF SCRIPTURE

Chapter: Cleansing the Temple

1947

Topic: *(cleansing The Temple)*

Human thought is finite and changeable.

Chapter: From Law to Grace

1947

Topic: *(from Law To Grace)*

To the Christ the thought of getting or achieving never comes.

Chapter: Joseph

1947

Topic: *(joseph)*

Every evil experience is evidence of some belief not yet consciously thrown out of thought.



Sympathy will only fasten condition more firmly in thought.

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## SPIRITUAL POWER OF TRUTH

Chapter: God and Error  
Topic:

The natural man is not under the Law of God. So it is that the natural man, the young student, their words and thoughts are all powerless. They have no power to nullify the appearance. They have no power to bring the Grace of God into expression. They are still the natural man who is not under the Law of God, neither indeed can be.

Chapter: Universal Hypnotism  
Topic:

I'm going to illustrate why we are human beings, why we are *kept* human beings, why we sin, why we have false appetites, why we are poor, why we are ever sick, and why we eventually die. It is all because of this very thing—*subliminal perception*. . . Every carnal thought, whether of a material, mental, moral, or financial nature—every material thought, every thought of false ambition, greed, lust, hate, injustice, and unkindness—not one bit of that is yours or mine. It is all part of this vast mental illusion, if you want to call it that; and yet every human being is subject to it. Each one falls for some particular phase of it at whatever happens to be their weakest point.

Chapter: Your True identity  
Topic:

Our work is to free ourselves from universal claims. I know that you do understand this, but I give it to you because you will have an occasion, every single day of your life, to remember what I am saying to you. The temptation, in our work, is to try to improve the human scene: We see a sick person and our first normal reaction is to want to see them well. We see an unemployed person and the very first thought is how we can bring about employment. We see a poor person and the first thing that comes to us is how to bring supply to them. We see an unhappy person and our first thought is how to bring happiness to it. . . Never, unto the end of your days on earth, will you overcome the automatic, unconscious temptation, at least once in a while while giving treatment, to change the appearance into its opposite.

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## THE ART OF MEDITATION

Chapter: Meditation: The Experience  
Topic: *Fear Not*

1956

Have the courage to look at every person and circumstance that you consider harmful or destructive. In the silence, face the situation fearlessly; face the condition or the person and you will discover that it—or he—is an image of your own thought; and, therefore, there is no cause, jurisdiction, or law to support it. Recognize God as the Soul of every person and God as the activity in every situation.

Gradually we go deeper and deeper until we find ourselves centered in God. We are not thinking any more: thoughts are being thought *for* us, ideas are being crystallized *through* us, impartations of the Soul become apparent to our awareness. Then we find God revealing itself, uttering the Word, which is quick and sharp and more powerful than a two-edged sword: that Word of God which separated the Red Sea when necessary which produces the cloud by day and the pillar of fire by night—the miracles in our experience. This meditation is a revelation of the Infinite Invisible declaring Itself within our own being.

We are like antennas picking up all the broadcasts of the world. If we disregard these world thoughts, in a few days or weeks they will die for lack of feeding. Only as we accept them as our thoughts, do we feed them. . . As often as our thought wanders in meditation, we gently come back with no impatience, to the subject of the meditation.

The individual who is master of his destiny has reached the state of consciousness where nothing in this world is of any importance to him. Only that is significant which takes place when he has risen above the sea of thought. In that high place the divine thought, the divine activity of consciousness, reveals itself.

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## THE ART OF SPIRITUAL HEALING

Whenever a belief intrudes itself upon your thought, you must do something about it.

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## THE EARLY YEARS (32-46)

True consciousness, which is the life of all being, knows only the *allness of being*; the allness of infinite and eternal perfection, without change, and without effect from human opinions or actions. We are therefore never aware of sin or sickness: these are the shadows of a belief held in thought, but which are overcome with the truth of reality. Recognize that your consciousness knows no matter, and you will appreciate the impossibility of age, change, decay, and discord; you will appreciate the vacuity of disease as the nothingness of a false belief. Thus, it will have no more power to pain, cause suffering, or discord than any shadow could.

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## THE INFINITE WAY LETTERS 1955

. . . not free while we are attached to the wheel of human thought.

. . . to remain in the silence without thought. . . the most difficult part of all spiritual living.  
Thought stops of its own accord.

The world exists nowhere except within the consciousness of the individual. . . [appearing] as our thought about the world.

Your thoughts can never be God's thoughts, but God's thoughts can become your thoughts.  
. . . a sublime state of inner quiet in which come only those thoughts which emanate from God.

My peace is a state of peace that has in it no thought of humanhood or human values.

If you examine your own thought, you will soon see how many things you fear in the external realm.  
Thought is the avenue by which you become aware of the divine realities that already exist [2x2=4].

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## THE INFINITE WAY LETTERS 1956

Chapter: Neither Good Nor Evil  
Topic: *Oneness With God*

1956

With the death of the personal selfhood and the birth of the Christ realization, there comes an inner ability to sense another's reactions and thoughts.

Chapter: The Demonstration of God  
Topic: *The Fifteenth Chapter Of John*

1953 First Portland Class  
37:1

If you can accept the fact that the visible part of your being is connected with the invisible Christ, which is completely at-one with the Father, will you ever again take anxious thought?

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## THE INFINITE WAY LETTERS 1957

Chapter: December: Tithing with Melchisedec  
Topic: *The Master Speaks*

1957

The discord or the problem has no externalized existence; it exists only as a mental image in our own thought, and as we retire to this inner sanctuary and wait, the storm passes.

Chapter: January: Out of Darkness  
Topic: *The Ephemeral Nature Of Form*

1956

All substance must have form, although not always visible to the human senses. Even thought has form.

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## THE INFINITE WAY LETTERS 1958

Chapter: February: Problems Aren't Problems Anymore  
Topic: *To This End Was I Born*

1955 Kailua Study Group  
129:1&2

These are shadows of mortal thought; they are not realities; they are images of human belief. They are not person; they are not place; they are not thing; they are not condition.

Chapter: January: Spiritual Unfoldment through the Study of The Infinite Way  
Topic: *The Infinite Way*

1958

Humanly, you are under the domination of thoughts.

Chapter: June: Security through God-Realization  
Topic: *Inertia Versus Conscious Awareness And Positive Conviction*

Be assured of this: there is no doubt about spiritual truth; there is no indecision about it, and there is no need for any wavering in thought about it. It is a definite and positive activity of consciousness.

Chapter: November: The Fruits of the Spirit  
Topic: *The World Becomes Tangible Experience*

1958

There is no power in thoughts or things: all power is in the word of God within me.

Chapter: October: Break the Fetters that Bind You  
Topic: *Non-reaction Is The Measure Of Our Freedom From World Beliefs*

1958 Maui Open Class  
241:1

Learn this lesson well! The human world and the people in it are victims of. . . every negative, diseased, sinful, and poverty-stricken state of thought that operates as human consciousness—and it strikes wherever we are weakest.

Watch what happens in your own experience when you learn to awaken in the morning and absolutely bar from yourself the possibility of world-thought entering your consciousness and operating in your experience. Set aside some part of every hour to remind ourselves that we are not victims of whatever it is that is floating around in the air, whether thoughts or things, but that we are the outlet for the presence and power of God.

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## THE INFINITE WAY LETTERS 1959

Some change must take place in your thought and actions the moment you become convinced that there is no power apart from God and that man has no power over you.

Carnal mind of man is pumping its thoughts, beliefs, and theories into you and into me night and day, year in and year out. . . Every thought of false ambition, greed, lust, hate, injustice, or unkindness is all part of this vast mental illusion.

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## THE JOURNEY BACK TO THE FATHER'S HOUSE

There is only one way to free ourselves of human domination—whether it is domination in our home, domination in our government, domination in our church life—and that is to see that the human mind and its thoughts are not power. God, Spirit, is the only power, operating through spiritual law, operating in and through the consciousness of man. Once we begin to see this, we bring ourselves under the dominion of God and separate ourselves from the domination of men.

Even a thought has form and outline, and a thought is man-created. When truth comes through the consciousness of an individual, it has power, not because it is a thought but because it has its source in the Word, and the Word itself is God, and that word becomes tangible as truth, the truth that is realized in consciousness.

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## THE LETTERS '32-'46

Keep thought away from transactions.

When thought is withdrawn from problem, it has no substance to sustain it.

Conscious thought is not God or creator, but a tool.

Through thought we become aware of that which is

Do not fear the result of every negative thought you think.

Leave our so-called selfhood out of our thought.

Consciously know the truth every time a thought comes to you.

Manifestation can never be separate from your thought.

Remove desire from thought or you will demonstrate desire.

**KEEP THOUGHT OFF THE PROBLEM.**

The body is the externalization of thought and manifests the various beliefs which we accept.

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**THE MASTER SPEAKS**

Keep thought steadfastly on source and substance.

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**THE MYSTICAL I**

It is this *I* that our thoughts hit up against when the human part of us indulges in the human hates, human loves, human fears, human doubts, and human ignorance. When these hit up against that *I*, they rebound as what we call punishment.

Consider the idea held in many quarters that thought is power. If thought is power, then thought is greater than we are, yet we are the creators of thought.

Prayer cannot be fruitful as long as it is addressed to a thought about God, an image of God, or a concept of God. . . How can a concept answer prayer? How can a thought in your mind answer prayer.

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**THE THUNDER OF SILENCE**

Regardless of how painful or difficult it may be at first to go to God without a word or a thought, a direction, a hope, a fear, or an ambition, this emptiness of self is worth achieving even if it takes time. When we reach that point, we shall find what a glorious thing it is not to have to plan our day or our next year, and yet at the same time be assured that every day of the year will be a day of fulfillment because it is God's day, and we have nothing to do with it except to be beholders of God at work. That which divinely decreed us to do it will fulfill it. He fulfills the days and He fulfills the nights as long as we are empty enough of words and are not injecting some human thought conceived in our mind.

Thought slows down as we ponder the meaning of knowing [the passage that came to us at the beginning of meditation]

All these discordant pictures. . . are just mental images in thought, shadows on a screen.

This Infinite Invisible will never destroy any person, but It will destroy evil influences or thoughts, beliefs or acts that may try to manifest through the person.

When we realize that the problem presenting itself to us is not a God-created spiritual entity, but a mental concept without cause or reality—without presence, power, or substance—then in the realization of God as the creative, maintaining, and sustaining Principle of all that truly is, we already have all the God-power needed, without turning to God to do anything about it. It is not necessary to overcome hate, fear, jealousy, or resentment, but it is necessary to sit down, close the eyes, and realize, "These are mental images in thought. These are projected states of thought out of the vast mental illusion. Then by abiding in an inner peace, they are dissolved. They are not destroyed because there is nothing to be destroyed; there is no substance to them and they have no more reality than the pictures on our television screen.

The sense-world, that which we can see, hear, taste, touch, and smell, is the unreal creation described in the second chapter of Genesis—a mental image in mind. If we remember that, we shall not try to manipulate the human scene or handle the mental image which exists only as a shadow within our thought, and then we shall be witnesses to the quick dissolution of these mental images.

A beginning can be made by not attempting to stop our thinking processes. If the mind wants to think, we let it, and if necessary, even sit and watch it as it goes through the thinking process. No matter what thoughts come, they can do us no harm. They have no power, and there is nothing in them for us to fear. If we fear or hate them, we may try to stop them, and on the other hand if we love them, we may try to hold on to them. . . We let the thoughts come and go while we sit and watch as beholders. All we are looking at are shadows that flit across the screen: There is no power in them, nor any substance there is no law in them, nor any cause—they are just shadows. . . *pictures without power.*

As soon as we become unattached, that is, as soon as we are detached from thought—from hate, fear, or love of objects or people so that they can float in front of our eyes with the utmost indifference to us—we are no longer in the realm of mind: We are then reaching, touching, or being touched by our own Soul, which is God, and we are in an atmosphere where, when God speaks, we can hear Him. When God utters His voice, the earth melts, and all problems dissolve.

Mind functions as thought [and] appears as thing.

Mind functions as thought; mind appears as thing; and on this level, mind is the essence of creation as described in the second and third chapters of Genesis. Therefore, if matter is mind, a process of mind can change the product, matter. Mind—your mind and my mind—imbued with spiritual truth becomes the instrument through which God appears, in and through which God manifests, and God appearing becomes the body of our outer world. . . Therefore, never do we live in a material world with material surroundings because God, Itself—Truth in your consciousness and my consciousness—is the very substance and essence of your world. When God, or Soul becomes the activity of the mind and appears as form, then all form is spiritual and can be multiplied. . . but it can be multiplied only because it is not matter.

As you begin to perceive that mind is unconditioned, your thoughts never turn to the subject of good or evil. You are just living each circumstance of life as it comes along. This does not mean withdrawing from the world: It means being in the world but not of it, living each experience without trying to cling to it if it seems good or without trying to get rid of it if it seems evil. It is a life of nonattachment to things. It is only when we are trying to cling to something or somebody or trying to get rid of someone or some condition that we are attached.

The second chapter of Genesis departs radically from the first in that it is the account of the creation of mind, mind producing mental images—not externalized reality but mental images in thought—mind appearing as thoughts, changeable as the the weather, thoughts which never penetrate beyond the realm of mind into the realm of being.

Thinking cannot make anything true; but in the inner Silence, which is a listening attitude in which we are taught of God and in which God utters His voice, the earth melts—sin, sickness, and all lack disappear—and God imparts to us that which is. Only in the realm of being are we outside of thoughts where *IS*, is.

We do not have the capacity to think God's thoughts, but when mind, in rising above thought, has been transcended and Silence supersedes thought, God can utter His word through us. When we are able to rise above the realm of thought to that high place where we have no opinion whether anything or anybody is good or evil, but are willing to be a perfect transparency for the instruction of God, then God speaks in our ear and shows us the spiritual reality which exists right where that "man of flesh" who "cannot please God" appears to be; but in that instant when God speaks, the man of flesh is transformed into the Son of God and is immediately returned to the Garden of Eden where he is now the Son of God living under God's government. I have been asked many times, "How do you stop thinking?" And I have found one way. The minute I can look at any person or condition and know that it is neither good nor evil, my thought stops, and my mind becomes quiet. That is the end of it because then there are no thoughts left for me to think about it: I do not think good of it and I do not think evil of it. All I know is that it is, and then I am back at the center of my being where all power is.